



HOT TOPICS IN CARDIOLOGIA 2023

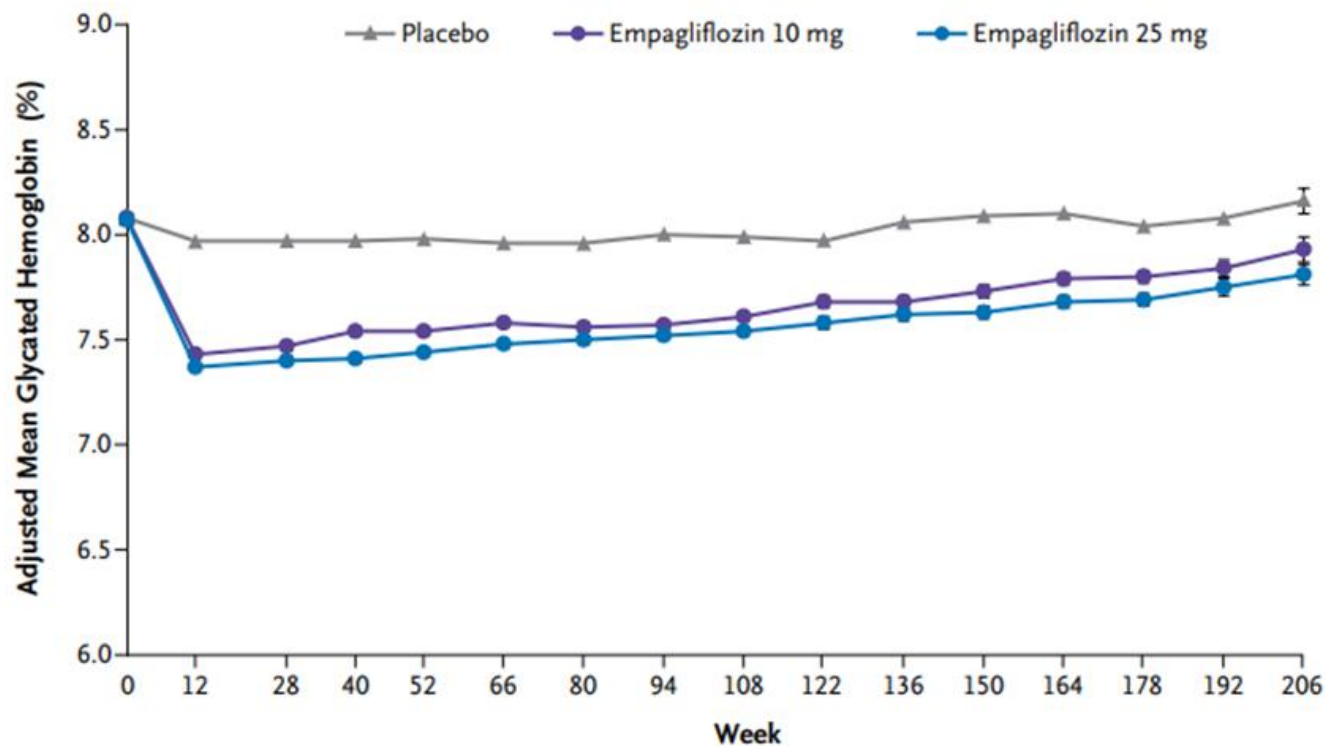
13 e 14 Novembre 2023

Villa Doria D'Angri - Via F. Petrarca 80,
Napoli

Glifozine in prima linea contro lo
scompenso

Raffaele Marfella

Clinical trials on the effect of SGLT2 on metabolic compensation

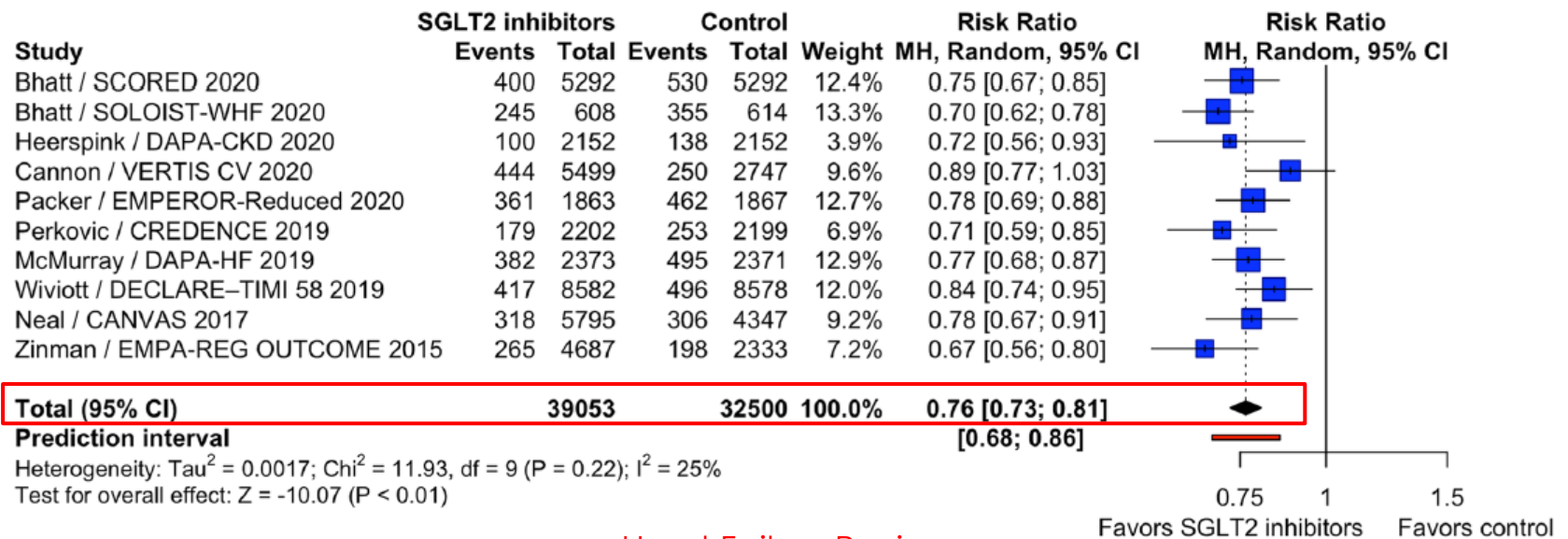


No. at Risk

Placebo	2294	2272	2188	2133	2113	2063	2008	1967	1741	1456	1241	1109	962	705	420	151
Empagliflozin 10 mg	2296	2272	2218	2150	2155	2108	2072	2058	1805	1520	1297	1164	1006	749	488	170
Empagliflozin 25 mg	2296	2280	2212	2152	2150	2115	2080	2044	1842	1540	1327	1190	1043	795	498	195

Studi di efficacia sulle malattie cardiovascolari in pazienti diabetici

Forest plot illustrating the results of the composite of HF hospitalization and cardiovascular mortality outcome



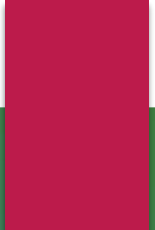
Heart Failure Reviews
<https://doi.org/10.1007/s10741-021-10083-z>

Empagliflozin in Heart Failure

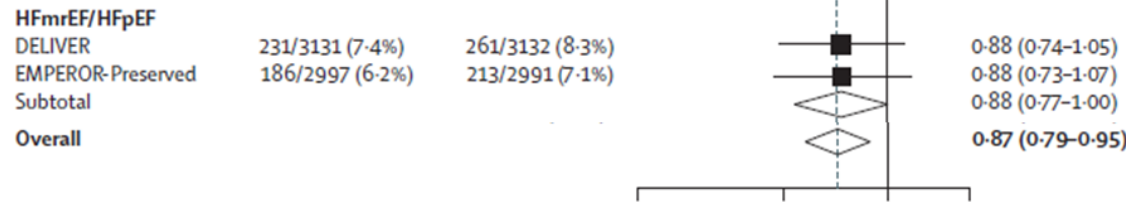
Subgroup	Empagliflozin <i>no. of patients with events/total no.</i>	Placebo <i>no. of patients with events/total no.</i>	Hazard Ratio (95% CI)
Overall	415/2997	511/2991	0.79 (0.69–0.90)
Diabetes at baseline			
Yes	239/1466	291/1472	0.79 (0.67–0.94)
No	176/1531	220/1519	0.78 (0.64–0.95)
LVEF at baseline			
<50%	145/995	193/988	0.71 (0.57–0.88)
≥50% to <60%	138/1028	173/1030	0.80 (0.64–0.99)
≥60%	132/974	145/973	0.87 (0.69–1.10)

N ENGL J MED 385;16 nejm.org October
14, 2021

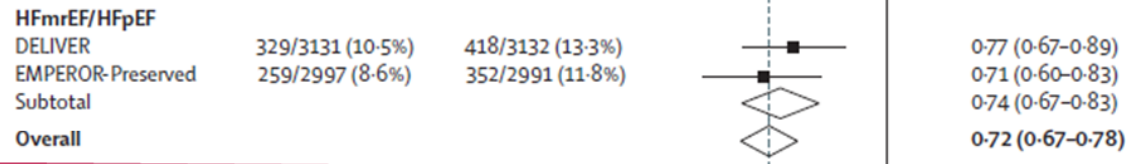
SGLT-2 inhibitors in patients with heart failure: a comprehensive meta-analysis of five randomised controlled trials



Cardiovascular death

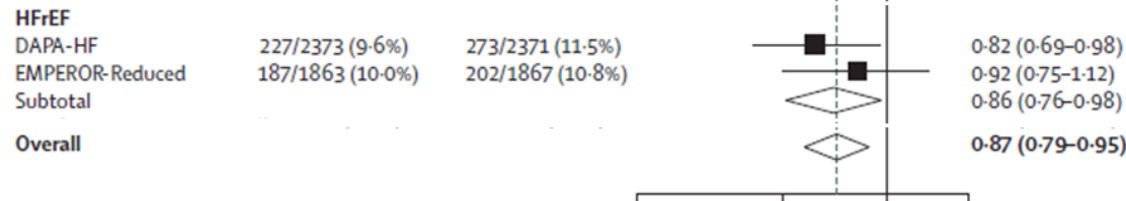


Heart failure hospitalisation

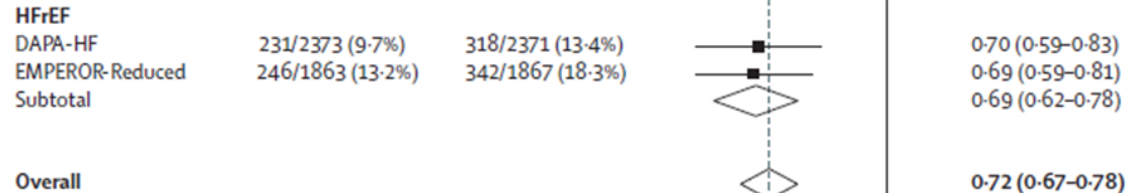


HFmrEF/HFpEF: **-23%**

Cardiovascular death



Heart failure hospitalisation

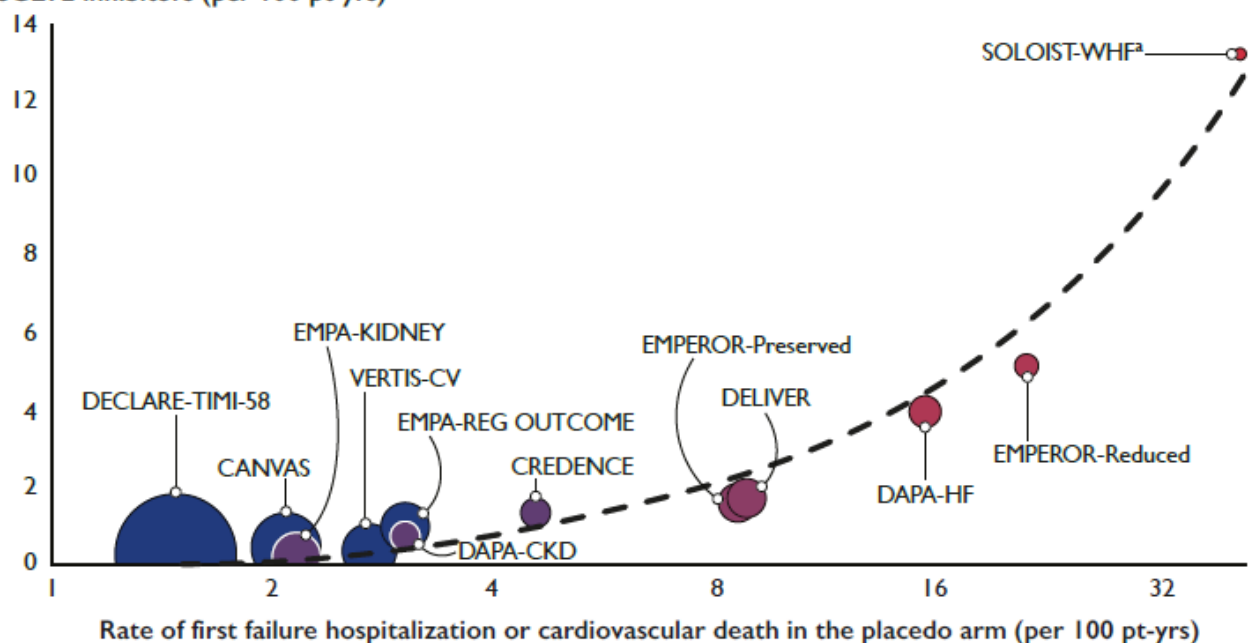


HFrEF: **-28%**



High risk T2DM	CKD	Chronic HFpEF	Chronic HFrEF	Worsening HF
ARR: 0.25–1.04 per 100 pt-yrs	ARR: 0.80–1.39 per 100 pt-yrs	ARR: 1.8 per 100 pt-yrs	ARR: 3.9–5.2 per 100 pt-yrs	ARR: 10.4 per 100 pt-yrs
NNT: 96–400 RRR: 12%–34%	NNT: 72–125 RRR: 29%–31%	NNT: 59 RRR: 21%	NNT: 21–36 RRR: 25%	NNT: 10 RRR: 129%

Absolute risk reduction with SGLT2 inhibitors (per 100 pt-yrs)



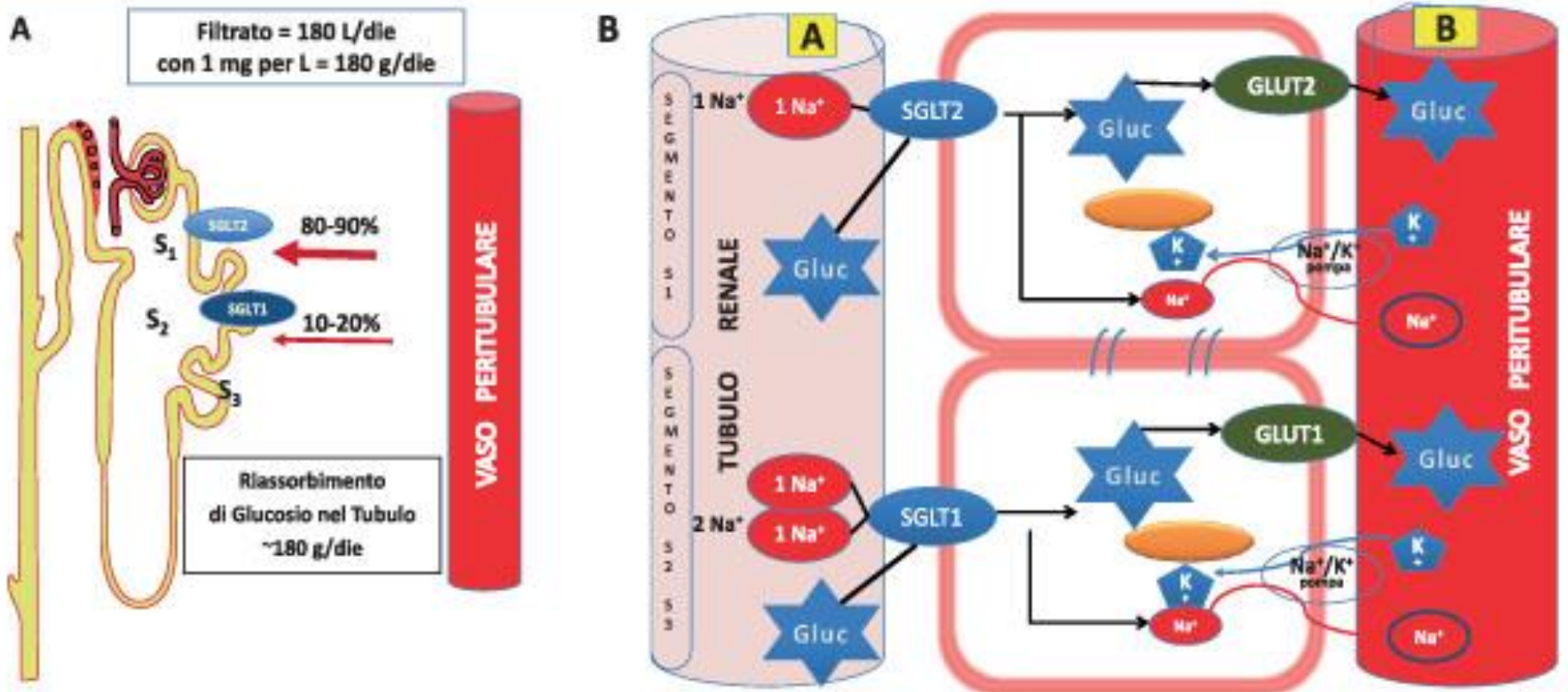
2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure

Pharmacological treatments indicated in patients with (NYHA class II–IV) heart failure with reduced ejection fraction (LVEF \leq 40%)

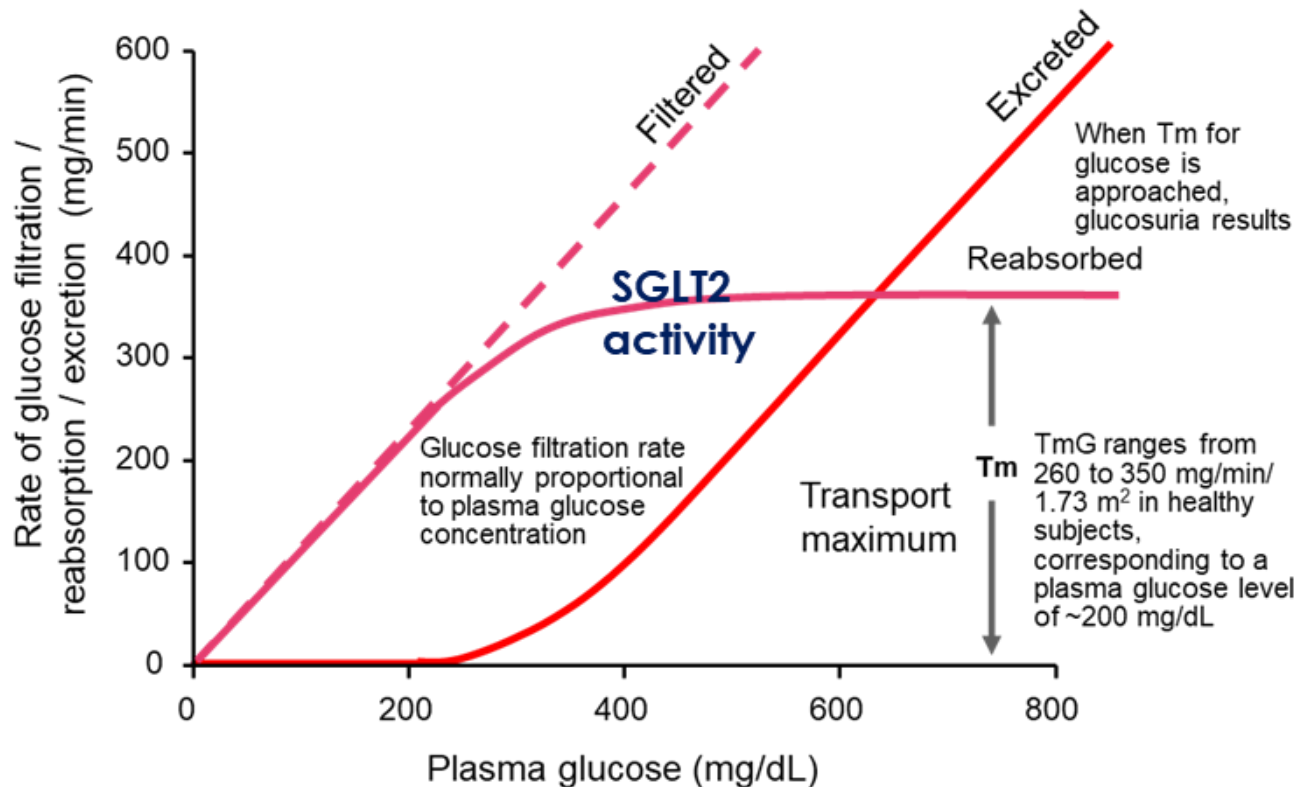
Recommendations	Class ^a	Level ^b
An ACE-I is recommended for patients with HFrEF to reduce the risk of HF hospitalization and death. ^{110–113}	I	A
A beta-blocker is recommended for patients with stable HFrEF to reduce the risk of HF hospitalization and death. ^{114–120}	I	A
An MRA is recommended for patients with HFrEF to reduce the risk of HF hospitalization and death. ^{121,122}	I	A
Dapagliflozin or empagliflozin are recommended for patients with HFrEF to reduce the risk of HF hospitalization and death. ^{108,109}	I	A
Sacubitril/valsartan is recommended as a replacement for an ACE-I in patients with HFrEF to reduce the risk of HF hospitalization and death. ¹⁰⁵	I	B

Le glifozine provocano ipoglicemia nei pazienti normo-glicemici?

il rene è in grado di riassorbire tutto il glucosio filtrato, attraverso SGLT2 nel tubulo prossimale (90%) e SGLT1 (10%) nel suo tratto più distale.



L'attività ipoglicemizzante delle glifozine è glucosio dipendente.
L'attività di SGLT2 è massima quando la glicemia supera la soglia renale 180mg/dl, mentre è trascurabile per livelli di glicemia inferiori.



The NEW ENGLAND JOURNAL of MEDICINE

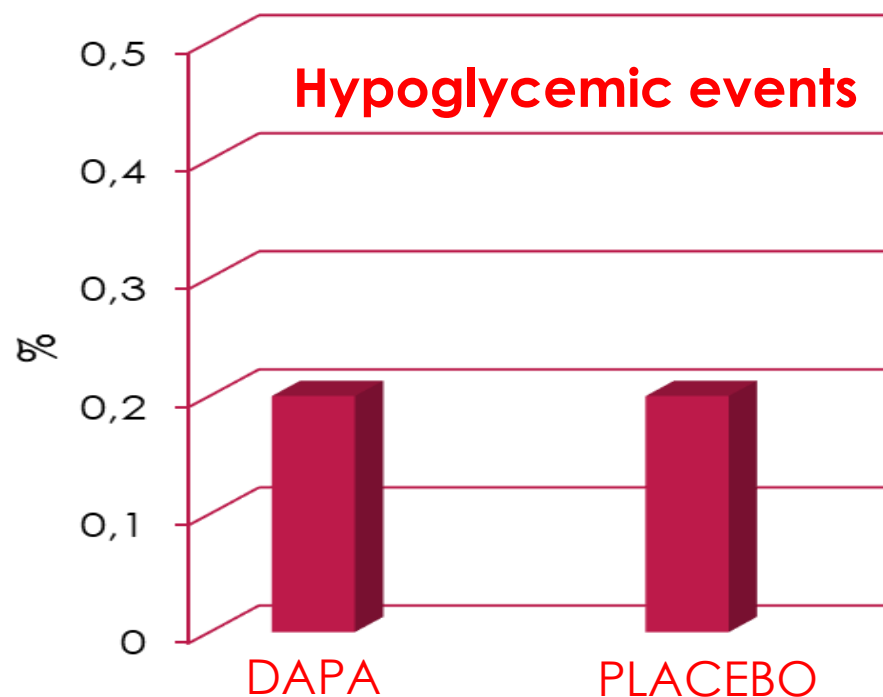
ESTABLISHED IN 1812

NOVEMBER 21, 2019

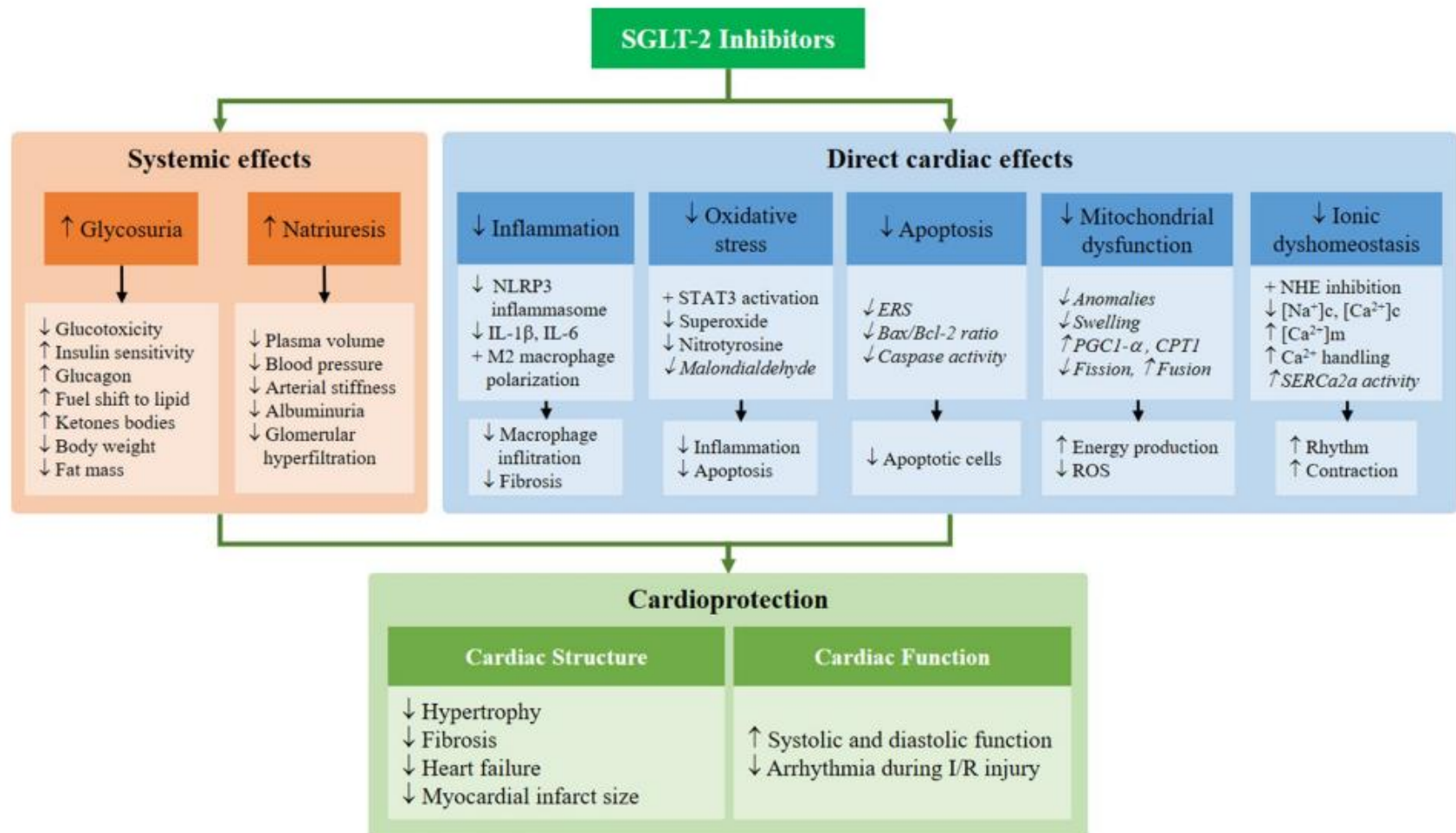
VOL. 381 NO. 21

Dapagliflozin in Patients with Heart Failure and Reduced Ejection Fraction

Le glifozine non provocano ipoglicemia nei pazienti normo-glicemici



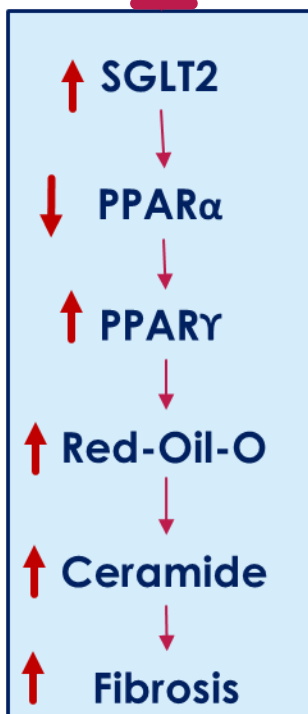
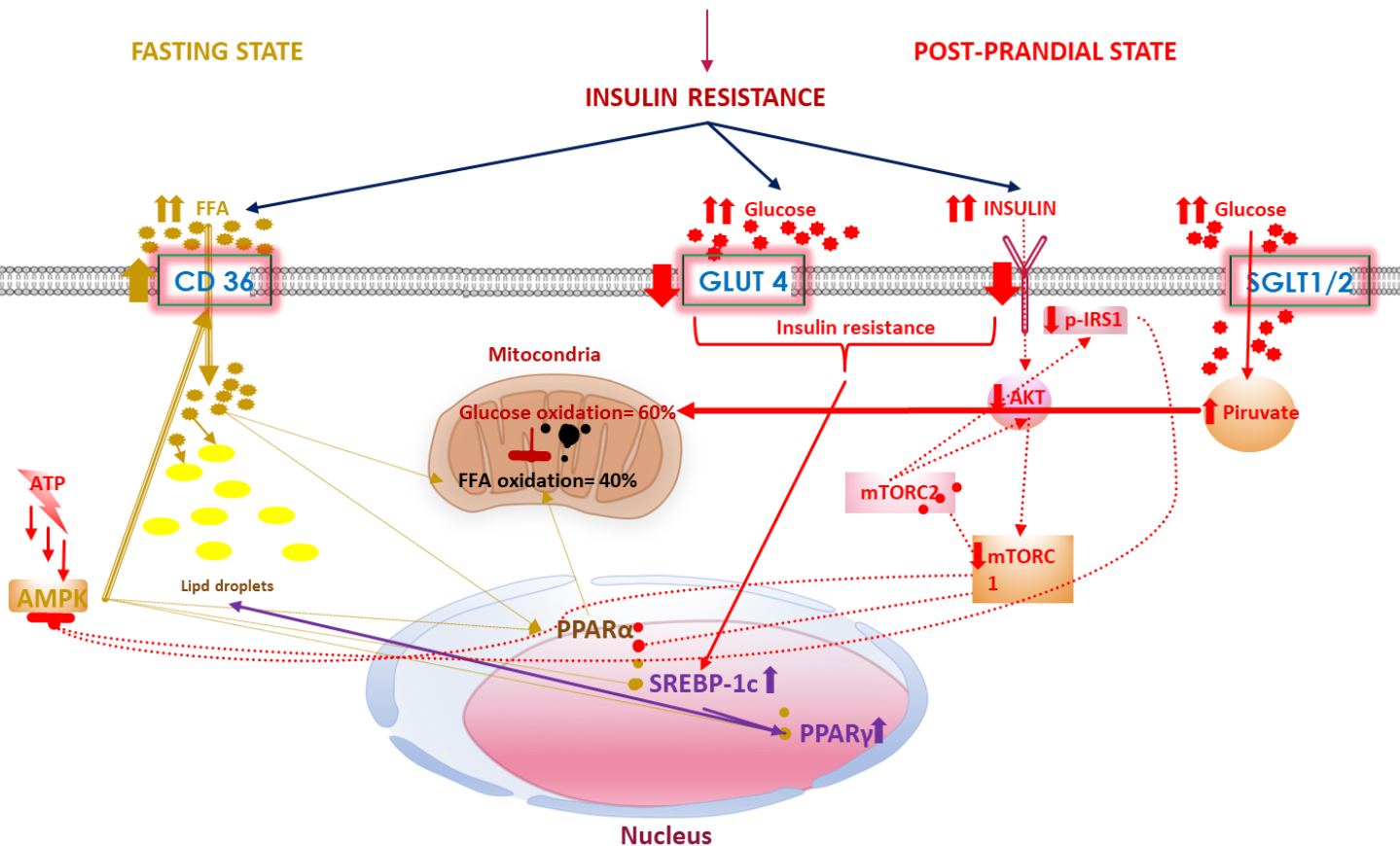
SGLT2-inhibitors: more than just glycosuria and diuresis



FAILING HEART METABOLIC FLEXIBILITY LOSS

SGLT2 inhibitors

INFLAMMATION

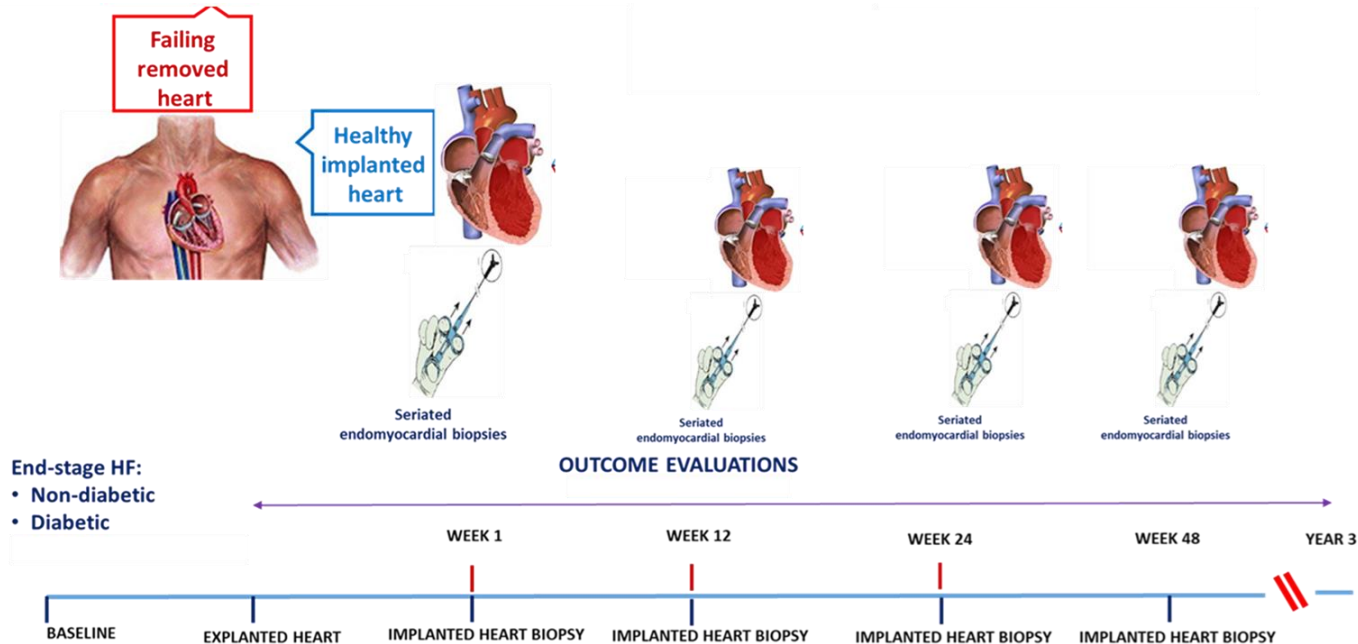




Lipid Accumulation in Hearts Transplanted From Nondiabetic Donors to Diabetic Recipients

Raffaele Marfella, MD, PhD,^{a,*} Cristiano Amarelli, MD,^{b,*} Francesco Cacciatore, MD, PhD,^c Maria Luisa Balestrieri, PhD,^d Gelsomina Mansueto, MD, PhD,^e Nunzia D'Onofrio, PhD,^d Salvatore Esposito, MD,^f Irene Mattucci, MD,^g Gemma Salerno, MD,^g Marisa De Feo, MD,^h Michele D'Amico, PhD,ⁱ Paolo Golino, MD, PhD,^g Ciro Maiello, MD,^b Giuseppe Paolisso, MD,^{a,†} Claudio Napoli, MD, PhD^{a,j,†}

- SGLT2 inhibitor-treated patients
- NO-SGLT2 inhibitor-treated patients



Sodium-glucose cotransporter-2 (SGLT2) expression in diabetic and non-diabetic failing human cardiomyocytes

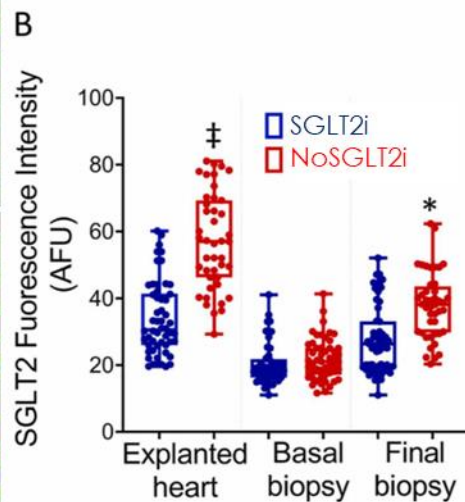
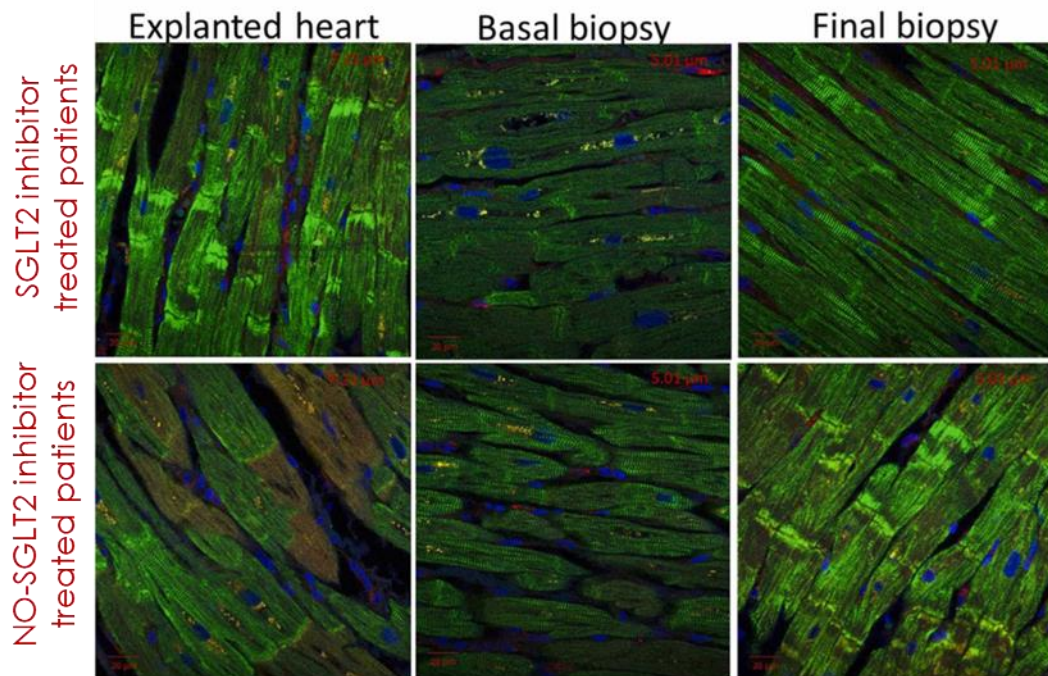


Raffaele Marfella ^{a,b,1}, Lucia Scisciola ^{a,1}, Nunzia D'Onofrio ^{c,1}, Ciro Maiello ^d, Maria Consiglia Trotta ^e, Celestino Sardu ^a, Iacopo Panarese ^f, Franca Ferraraccio ^f, Annalisa Capuano ^e, Michelangelo Barbieri ^a, Maria Luisa Balestrieri ^c, Claudio Napoli ^{a,2}, Giuseppe Paolisso ^{a,b,*,2}

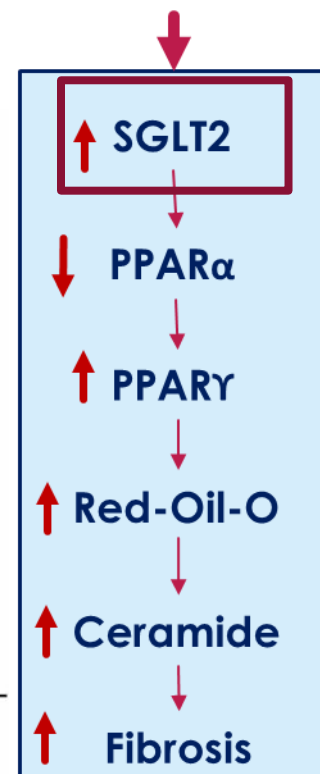
Pharmacological Research 184 (2022) 106448

SGLT2 is expressed in human cardiomyocytes

SGLT2 inhibitors reduce SGLT2 expression in cardiomyocytes



SGLT2 inhibitors





Sodium/glucose cotransporter 2 (SGLT2) inhibitors improve cardiac function

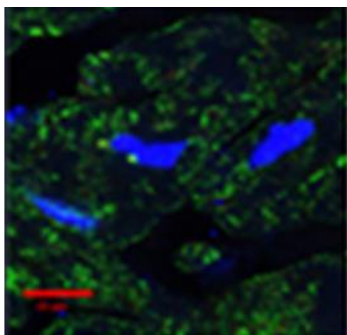
Raffaele Marfella ^{a,b,*}, Nunzia D'Onofrio ^c, Maria Consiglia Trotta ^d, Celestino Sardu ^a, Lucia Scisciola ^a, Cristiano Amarelli ^e, Maria Luisa Balestrieri ^d, Vincenzo Grimaldi ^a, Gelsomina Mansueto ^a, Salvatore Esposito ^f, Michele D'Amico ^d, Paolo Golino ^g, Giuseppe Signoriello ^h, Marisa De Feo ⁱ, Ciro Maiello ^e, Claudio Napoli ^{a,1}, Giuseppe Paolisso ^{a,b,1}

- Il cuore scompensato perde la flessibilità metabolica
- Il cuore scompensato è costantemente in fase post-prandiale
- L'inibizione di SGLT2 ripristina la flessibilità metabolica

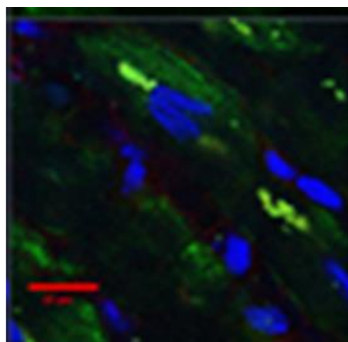
SGLT2 inhibitors

SGLT2 inhibitor treated patients

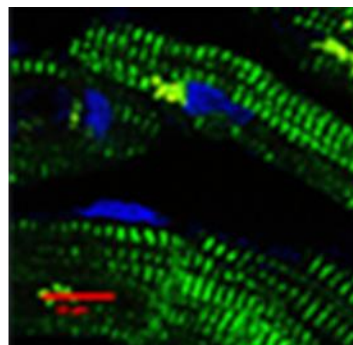
PPARgamma



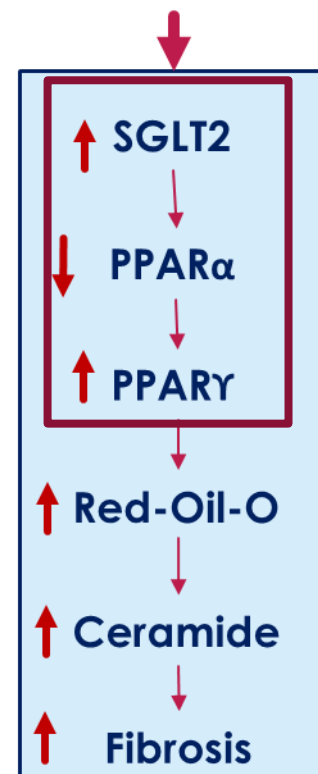
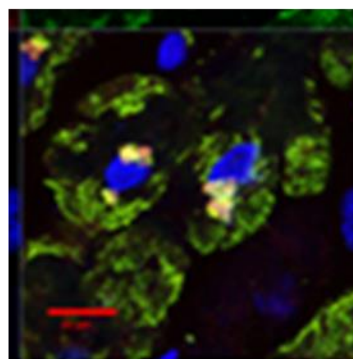
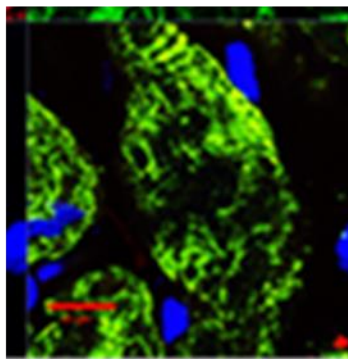
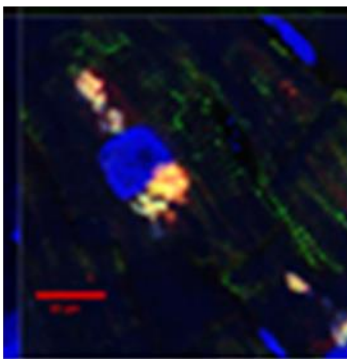
PPARalpha



SGLT2

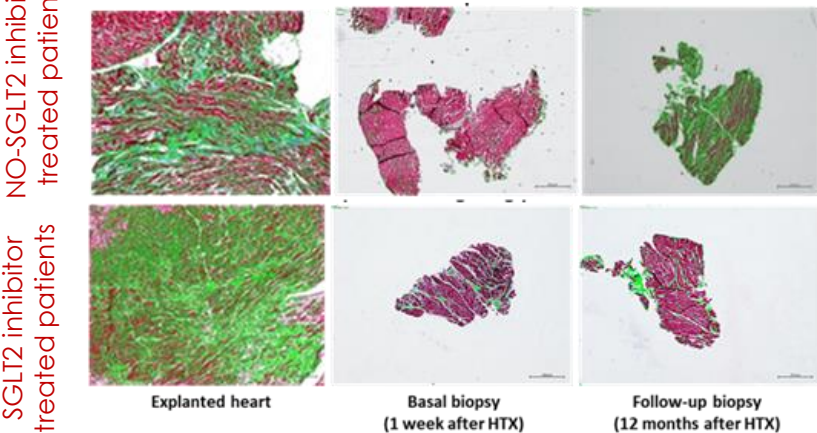
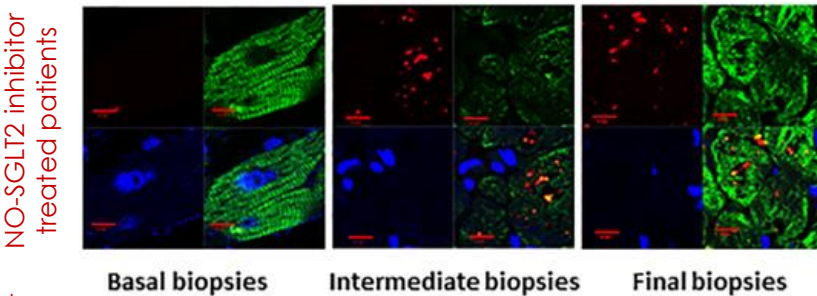
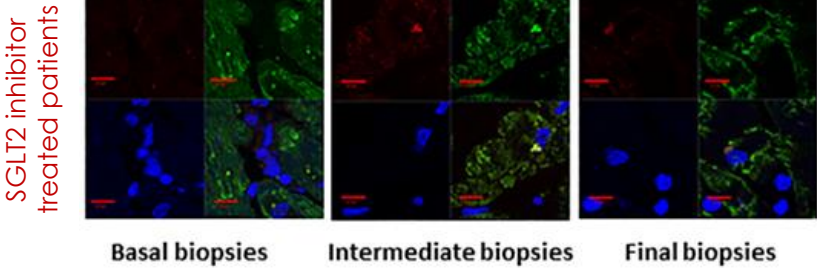


NO-SGLT2 inhibitor treated patients



Sodium/glucose cotransporter 2 (SGLT2) inhibitors improve cardiac function

Raffaele Marfella^{a,b,*}, Nunzia D'Onofrio^c, Maria Consiglia Trotta^d, Celestino Sardu^a, Lucia Scisciola^a, Cristiano Amarelli^e, Maria Luisa Balestrieri^d, Vincenzo Grimaldi^a, Gelsomina Mansueto^a, Salvatore Esposito^f, Michele D'Amico^d, Paolo Golino^g, Giuseppe Signoriello^h, Marisa De Feoⁱ, Ciro Maiello^e, Claudio Napoli^{a,1}, Giuseppe Paolisso^{a,b,1}

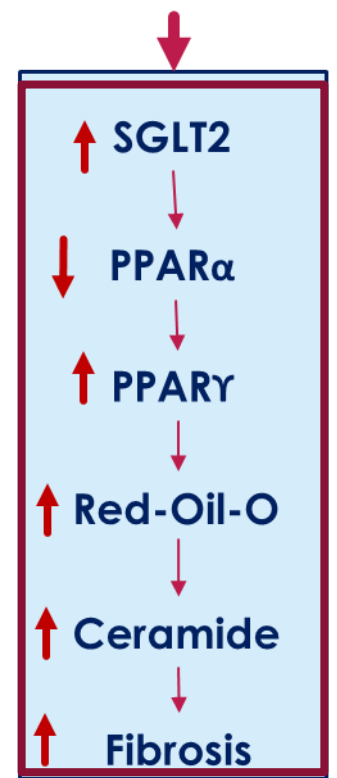


CERAMIDE

FIBROSIS

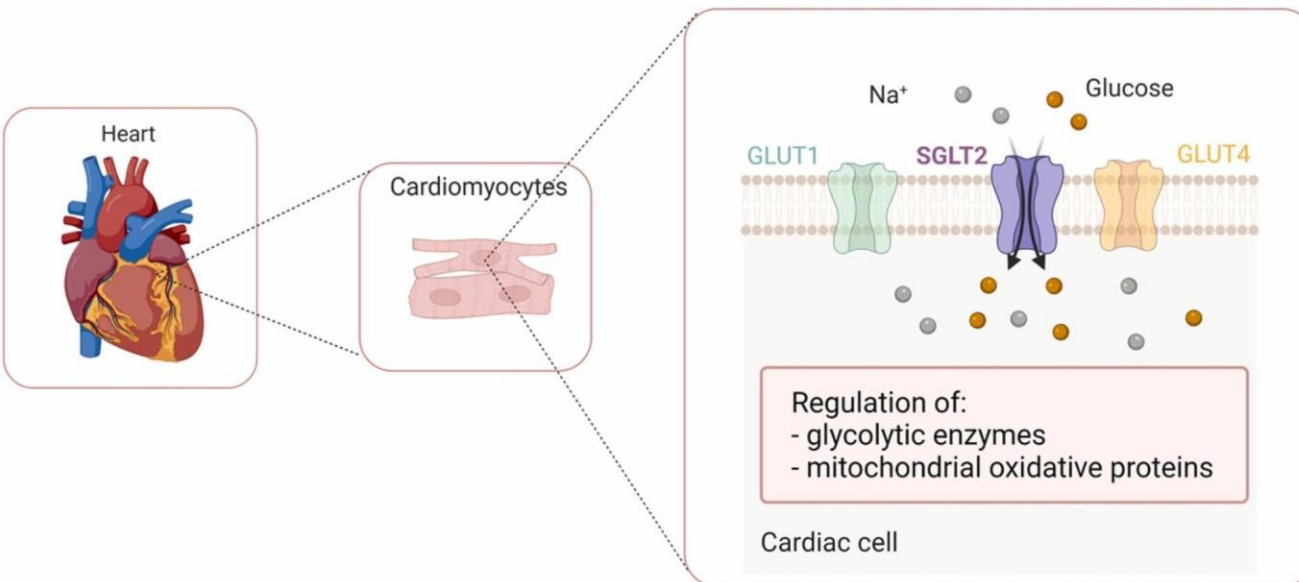
- L'inibizione di SGLT2 riduce la morte cellulare
- L'inibizione di SGLT2 riduce la fibrosi

SGLT2 inhibitors



Take Home Message

- SGLT2 inhibitors do not cause hypoglycemia in normoglycemic patients
- Failing Cardiomyocytes express SGLT2 protein
- SGLT2 inhibition acts directly on cardiomyocytes



Take Home Messages





BRIEF REVIEW

How Do SGLT2 (Sodium-Glucose Cotransporter 2) Inhibitors and GLP-1 (Glucagon-Like Peptide-1) Receptor Agonists Reduce Cardiovascular Outcomes?

Completed and Ongoing Mechanistic Trials

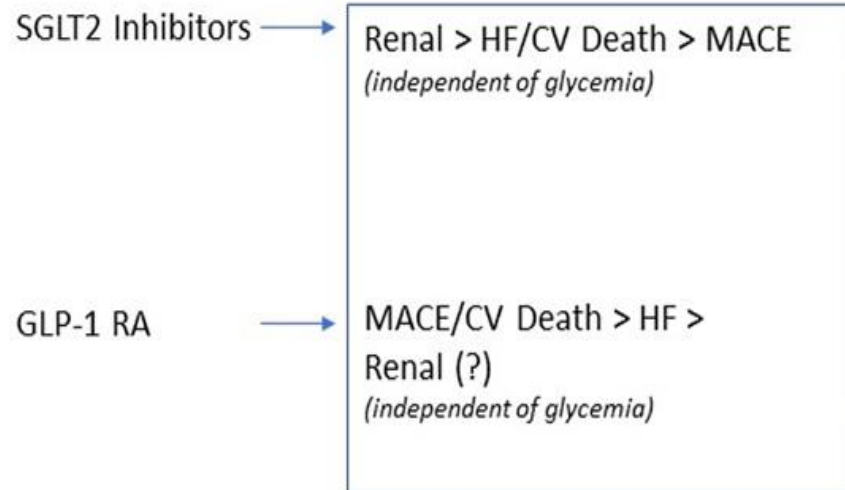
Matthew M.Y. Lee, Mark C. Petrie, John J.V. McMurray, Naveed Sattar

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Reverse translation

Benefits in Outcome Trials



A Review of Ongoing Mechanistic Trials Across Different Systems

- Cardiac
- Vascular
- Renal
- Respiratory
- Metabolic
- Musculoskeletal
- Neurological