

Imaging intracoronarico nelle SCA

HOT TOPICS IN CARDIOLOGIA 2023

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CARDIOUNISA





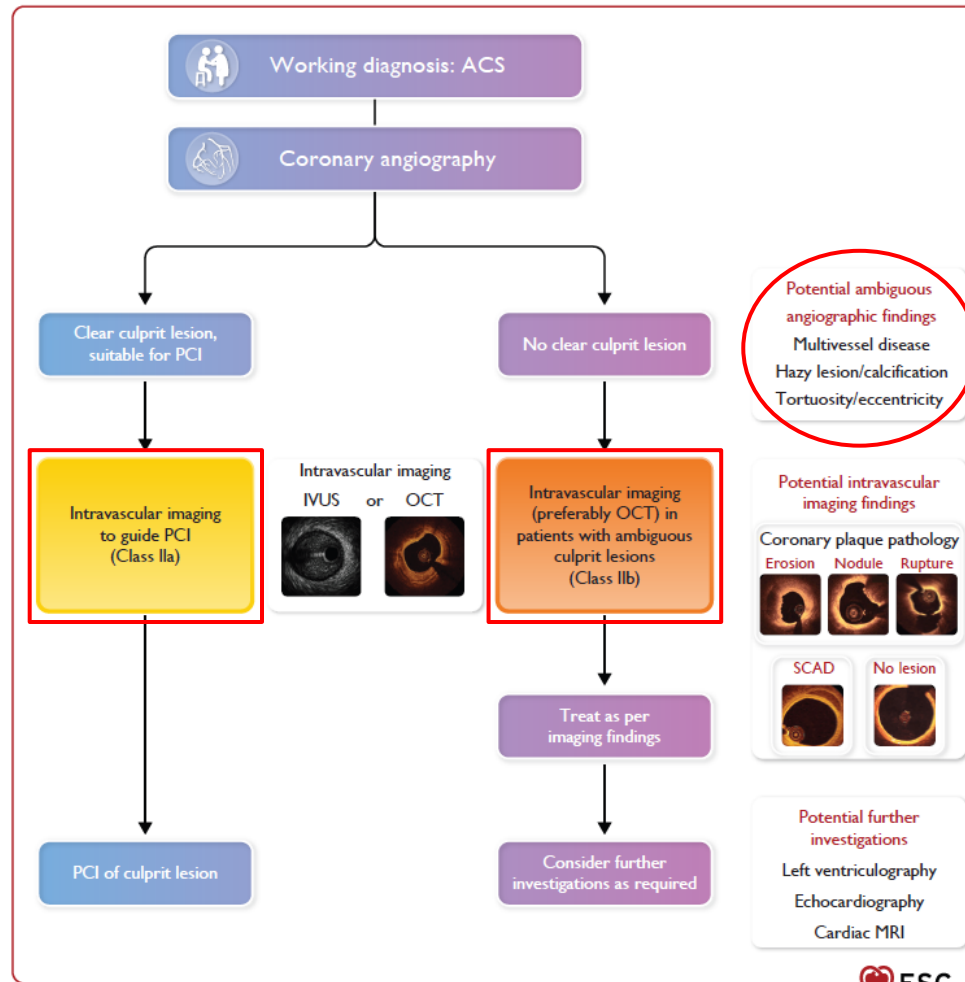
Why should I do intracoronary imaging in ACS?

- Optimizing PCI
- CAG is not perfect in identifying culprit lesion
- CAG may not identify non-atherosclerotic causes of ACS
- CAG will not identify lesion morphology which may help in tailoring the therapy
- CAG will not delineate the mechanism of stent failure



Intracoronary imaging in ACS

Recommendations from the guidelines



Byrne RA, 2023 ESC Guidelines for the management of acute coronary syndromes, Eur Heart J 2023



Diagnostic or anatomic uncertainties

Possible mechanisms of ACS

- **Plaque Rupture**
- **Plaque Erosion**
- **Calcified Nodule**
- **Spontaneous Coronary Dissection**
- **Coronary Embolism**
- **Coronary Spasm**
- **Takotsubo Cardiomyopathy**

**Not every case
needs a stent**

**... But every
patient needs a
diagnosis!**

Spontaneous coronary artery dissection

2-4% of angiograms undertaken for ACS

High incidence in pre-menopausal women (<50 yy) with STEMI (about 10% of cases)

CAG of SCAD

- appearance of extraluminal contrast staining multiple radiolucent lumens
- spiral dissection
- Intraluminal filling defects



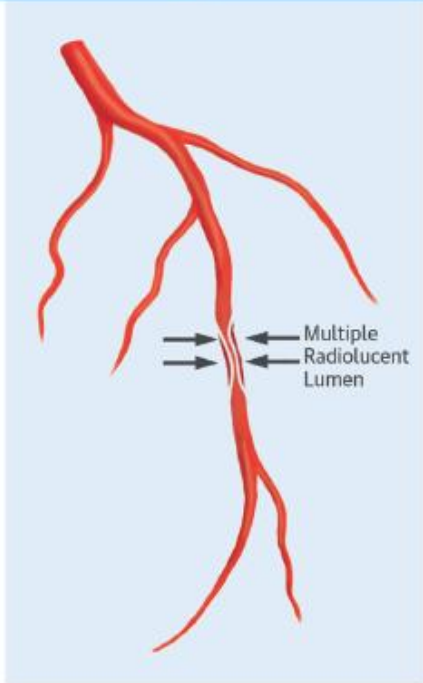
CAG is a 2-dimensional luminogram. It does not image the arterial wall!



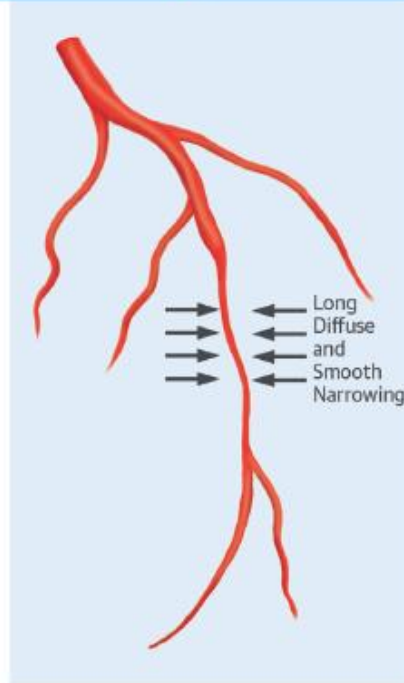


Spontaneous Coronary Artery Dissection Classification

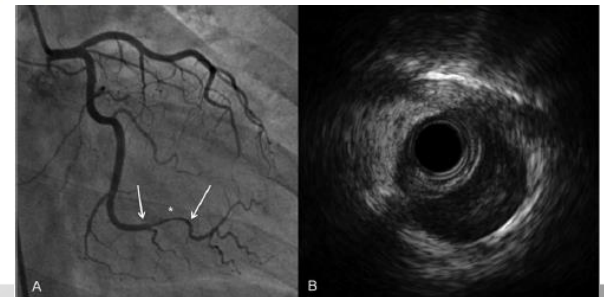
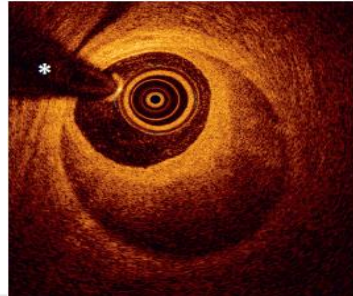
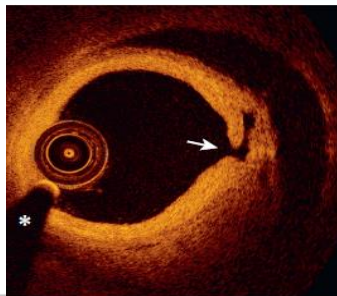
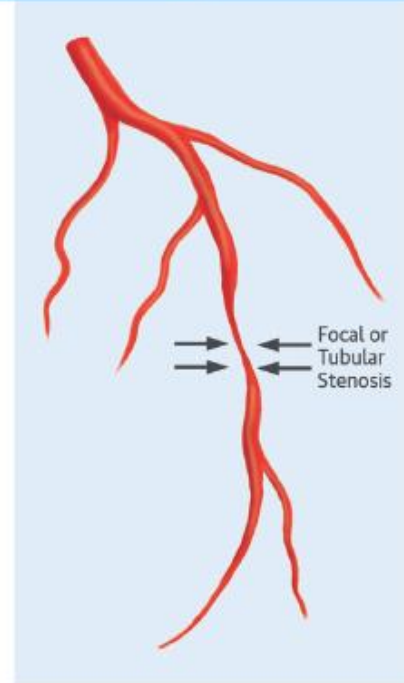
Type 1



Type 2



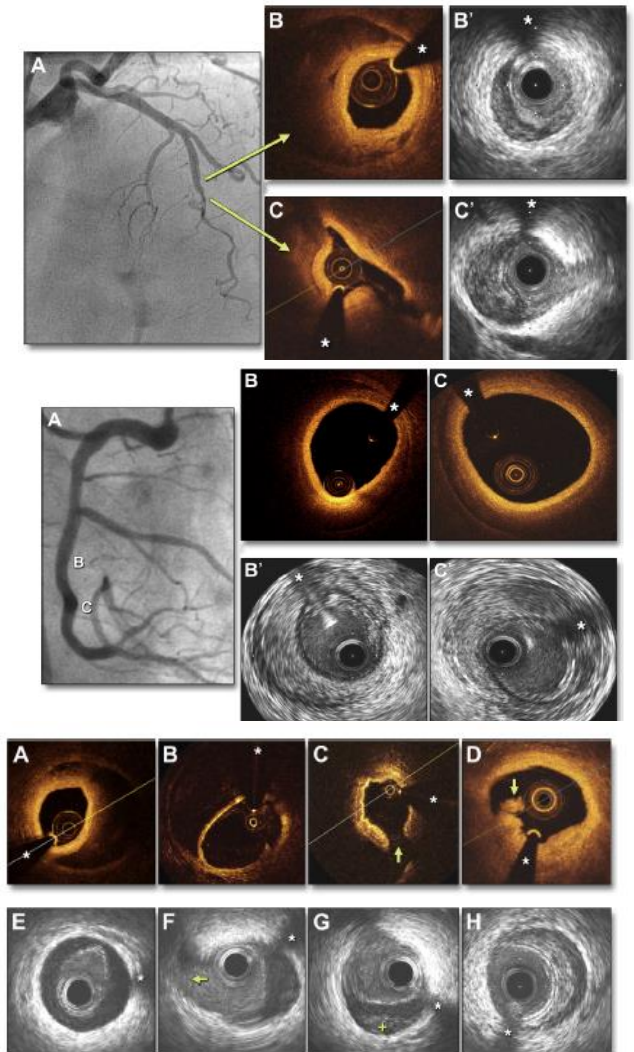
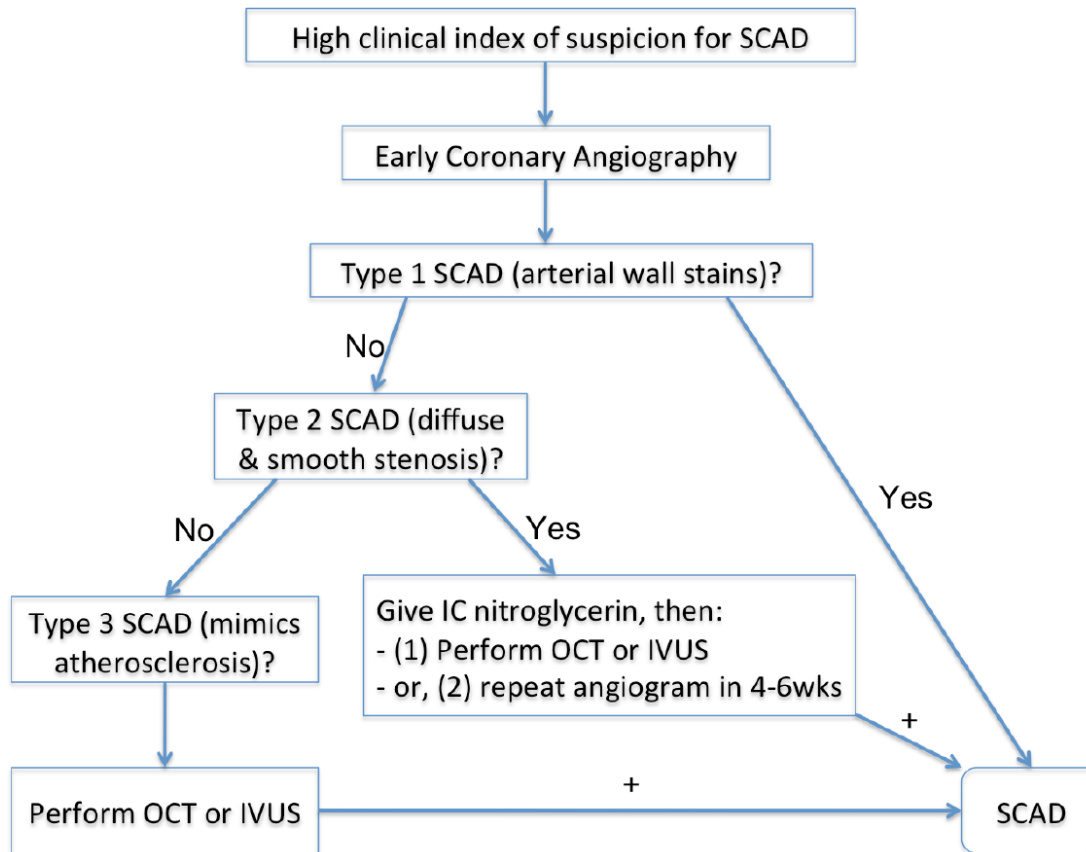
Type 3





Spontaneous Coronary Artery Dissection

Diagnostic work-up

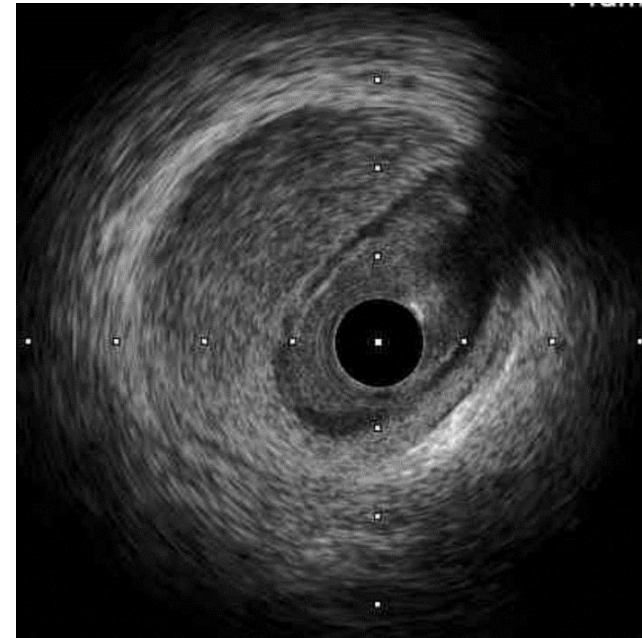
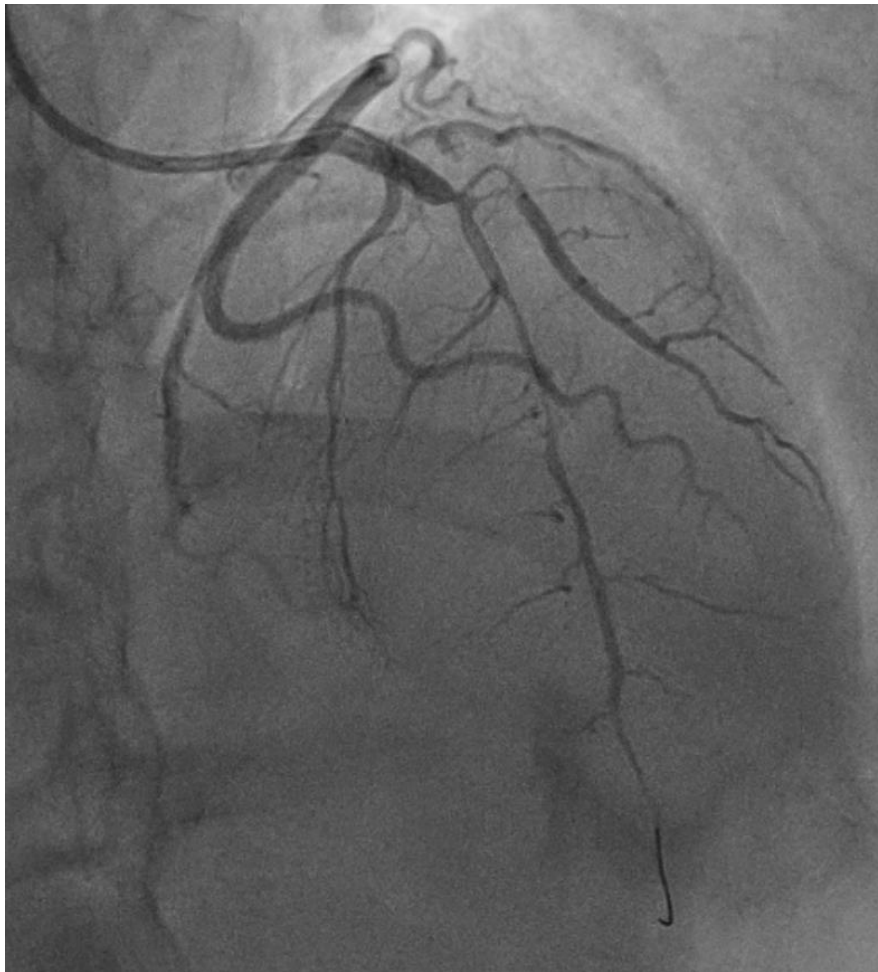




Spontaneous Coronary Artery Dissection

Clinical case

38 y.o. female admitted with anterior STEMI



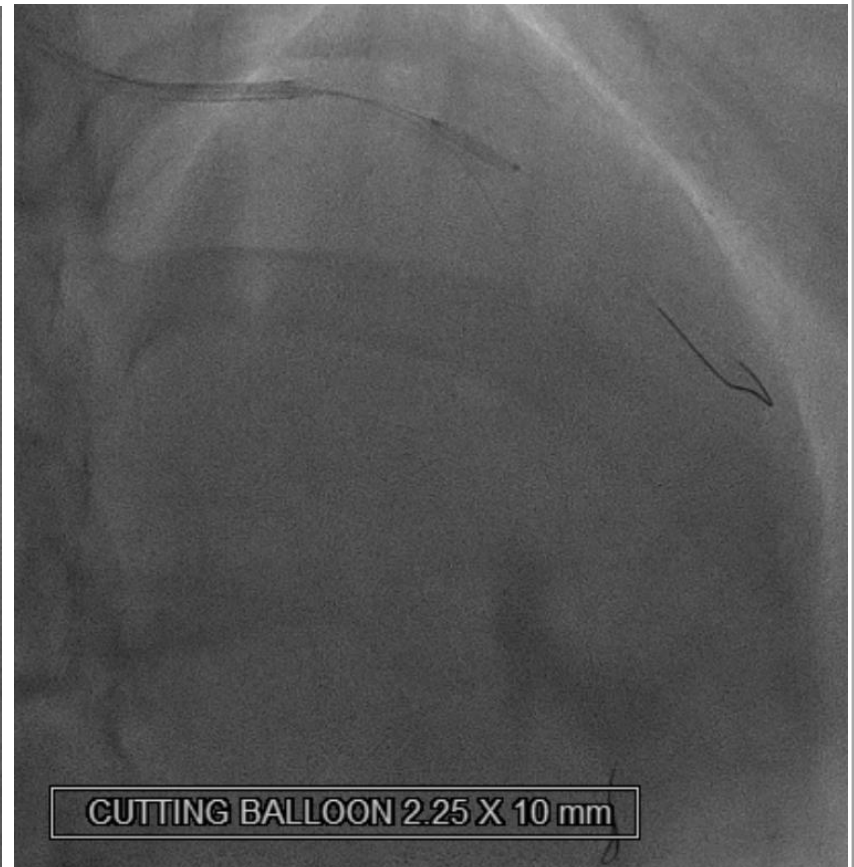
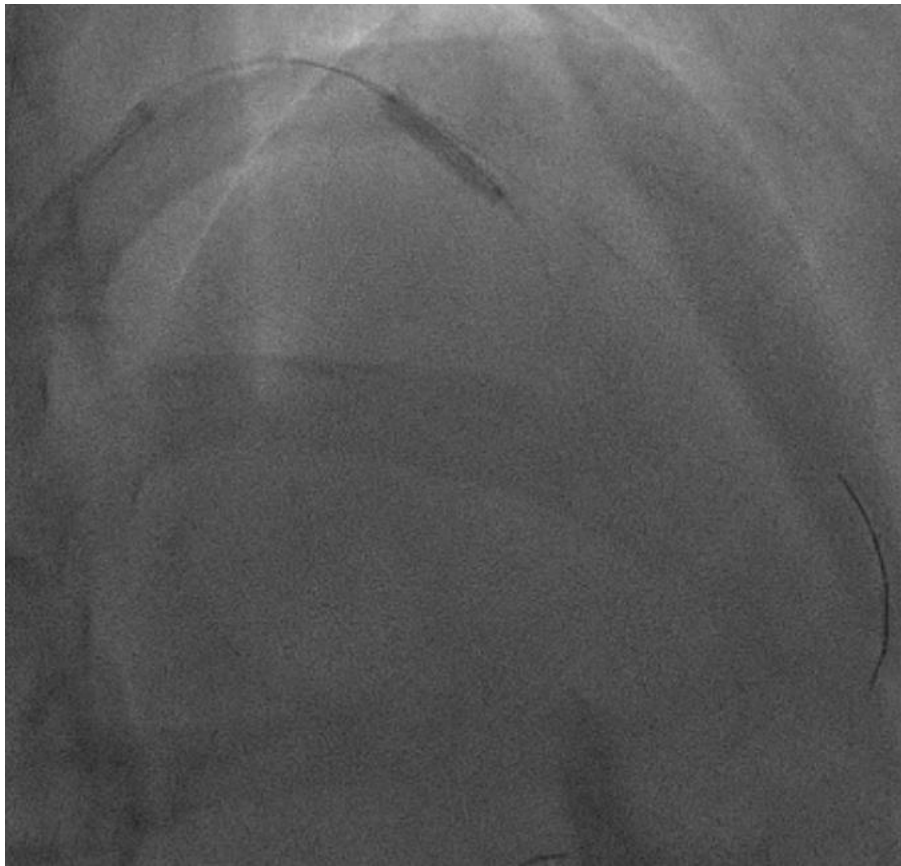
Type 2 SCAD with an extensive, non-fenestrated **intramural hematoma** of the LAD from the proximal to the distal segment, involving the bifurcation with the 1° Diagonal branch



Spontaneous Coronary Artery Dissection

Clinical case

PCI with **cutting balloon was performed in the LAD and Diagonal branch, aiming to decompress the true lumen**

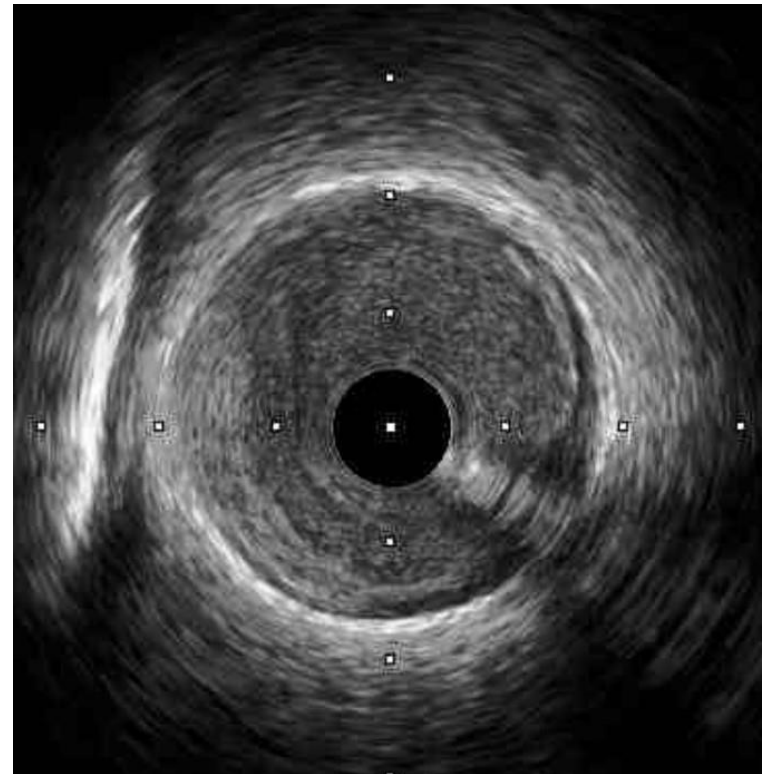
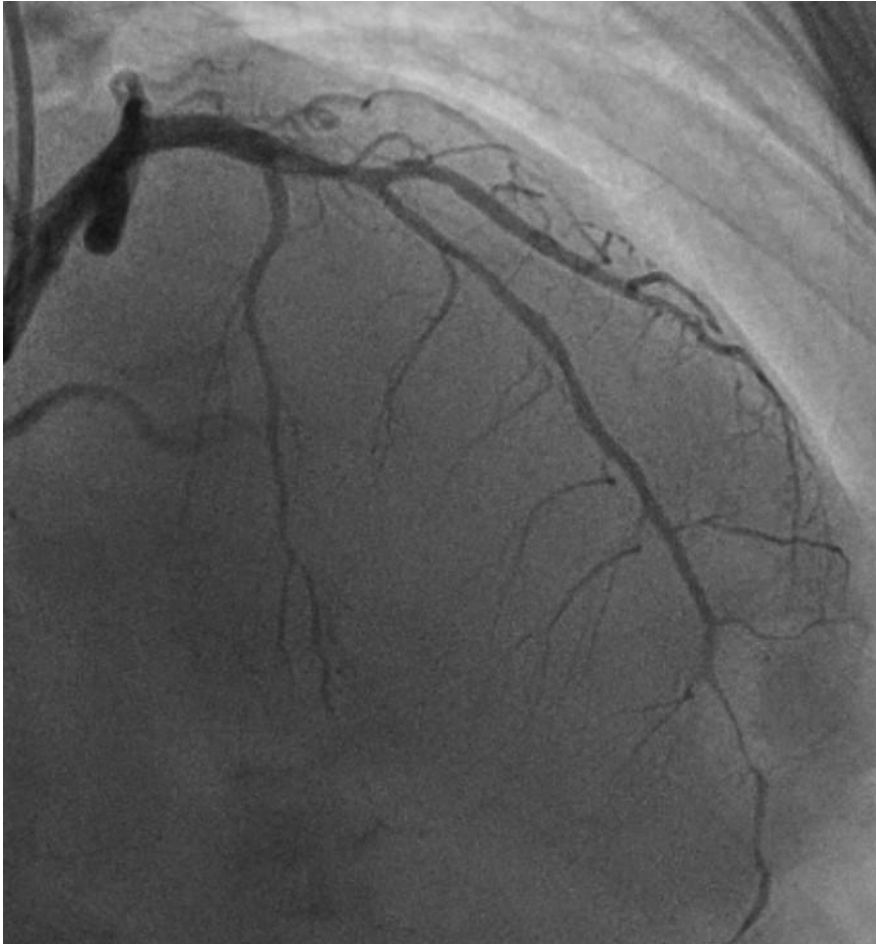




Spontaneous Coronary Artery Dissection

Clinical case

Angiographic and IVUS evidence of **decompression of the true lumen**



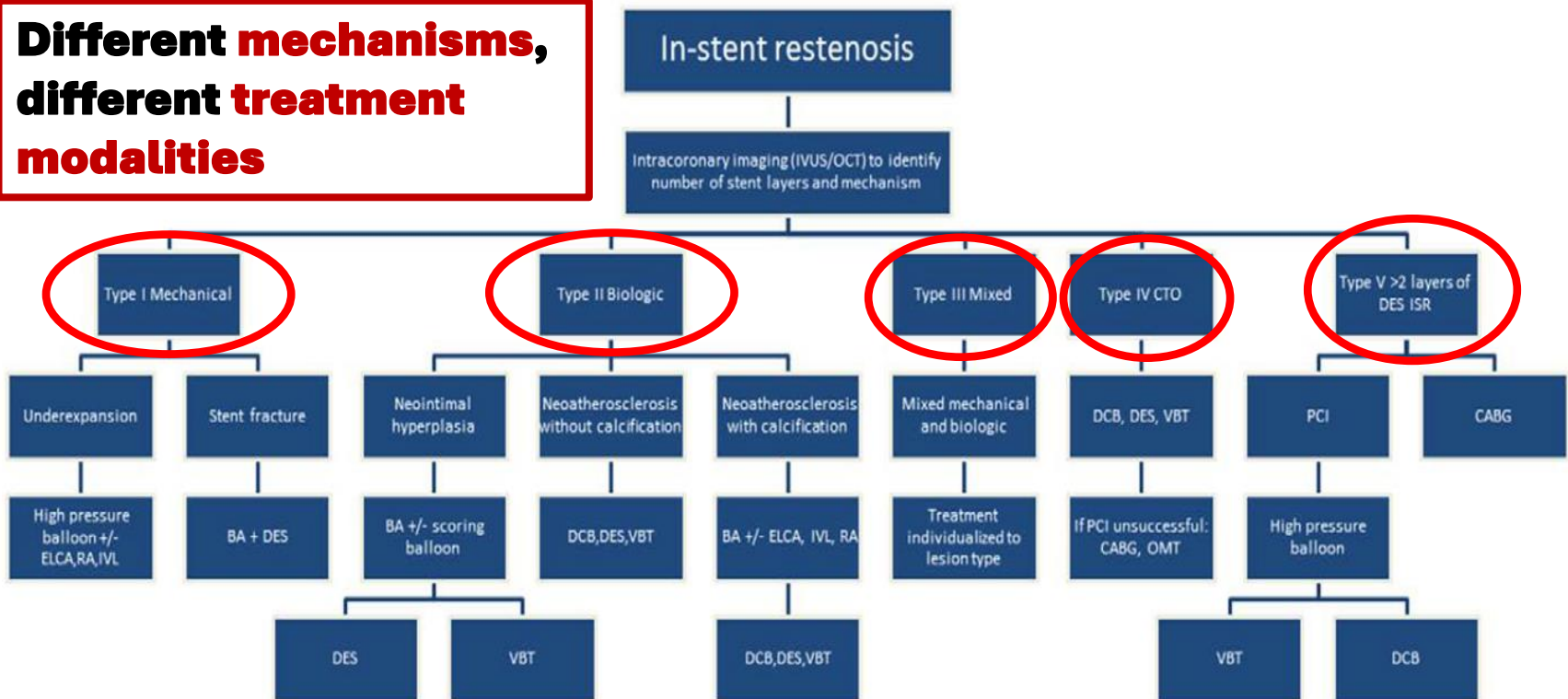


Stent failure and stent thrombosis

Understanding the mechanism

ISR: a new classification based on disease mechanism

**Different mechanisms,
different treatment
modalities**



Shlofmitz E, Circ Cardiovasc Interv. 2019;12:e007023.

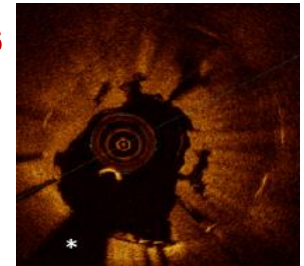
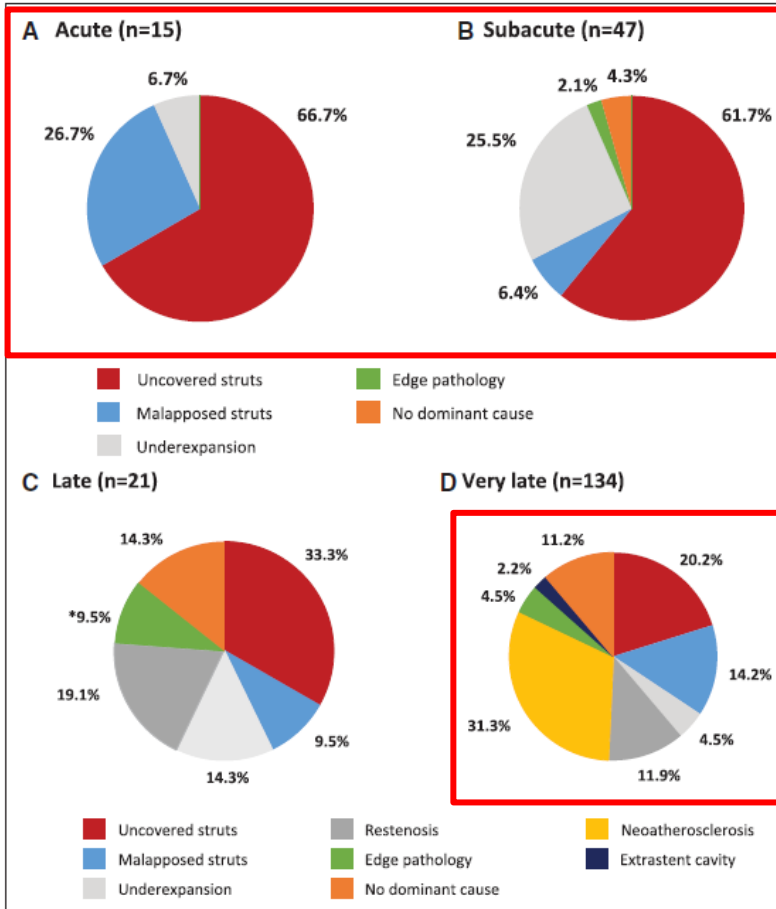


Stent failure and stent thrombosis

Understanding the mechanism

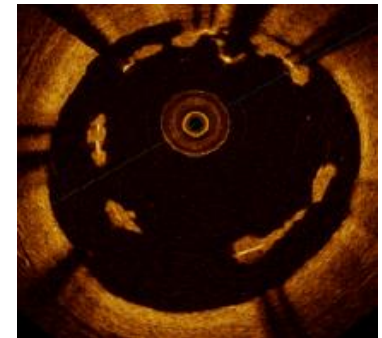
OCT findings in patients with stent thrombosis

The PRESTIGE Registry

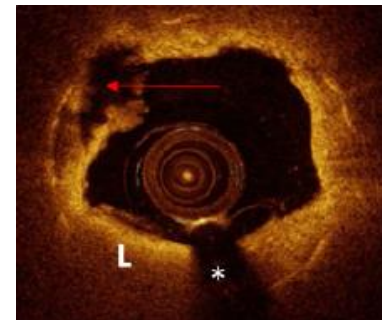


ST mechanisms varies according to the timing from the index procedure

Mechanical causes are mostly associated with acute/subacute ST



Neoatherosclerosis is the leading cause of very late ST

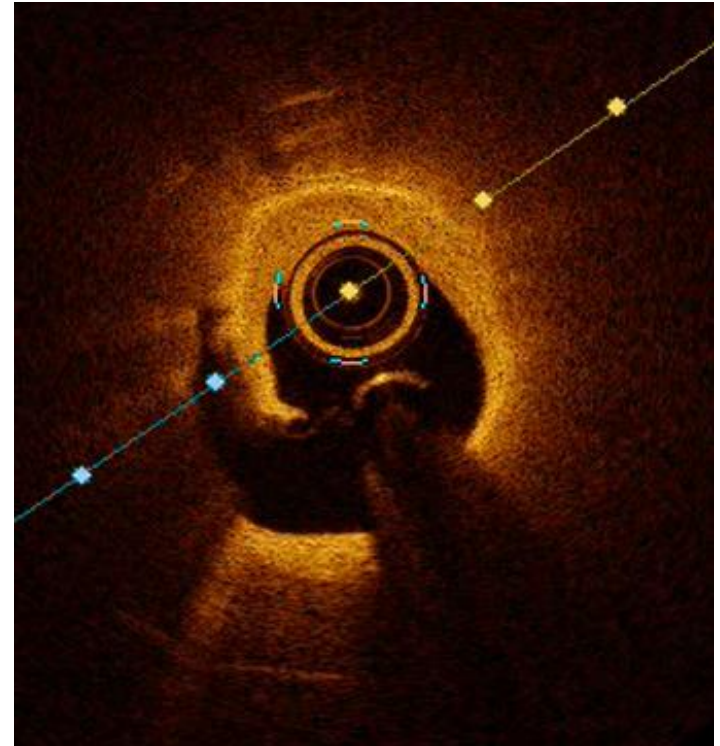




Stent Failure and stent thrombosis

Clinical case

Male, 72 y.o., previous PCI with BMS on the LAD 20 years ago
Admitted for anterior STEMI



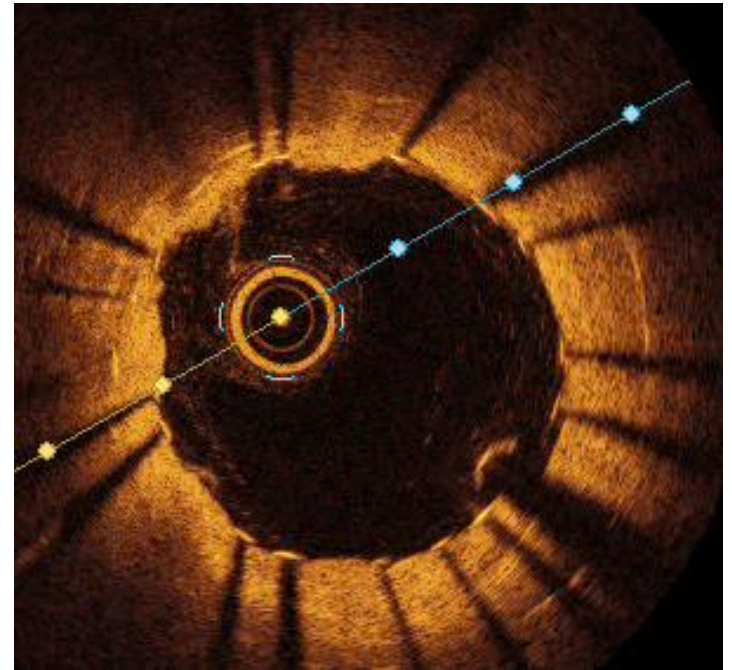
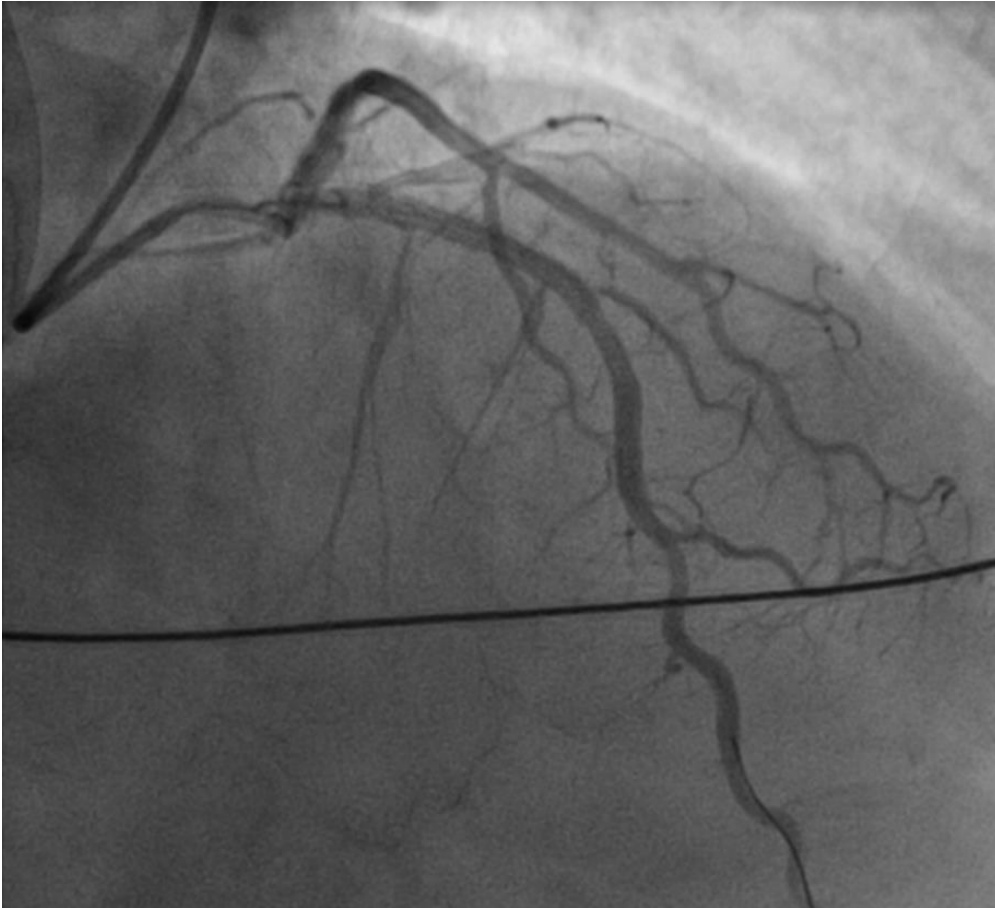
Very late stent thrombosis due to ruptured neoatherosclerosis



Stent failure and stent thrombosis

Clinical case

PCI with a 3.5 x 28 mm EES within the BMS

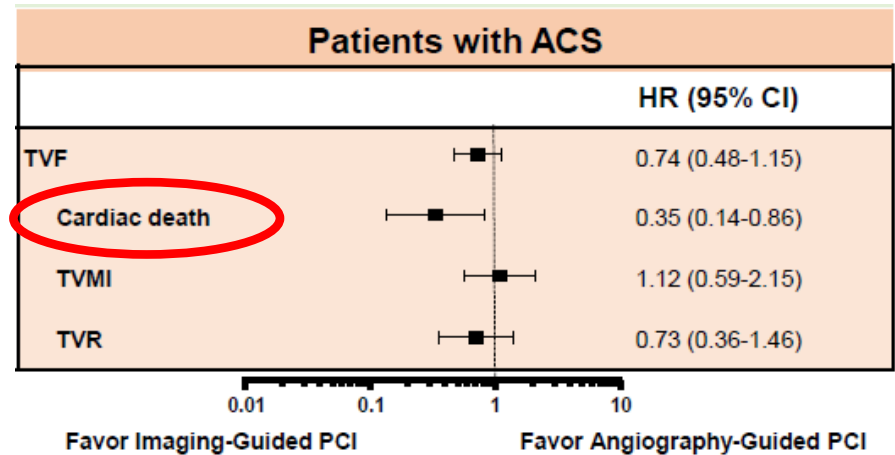
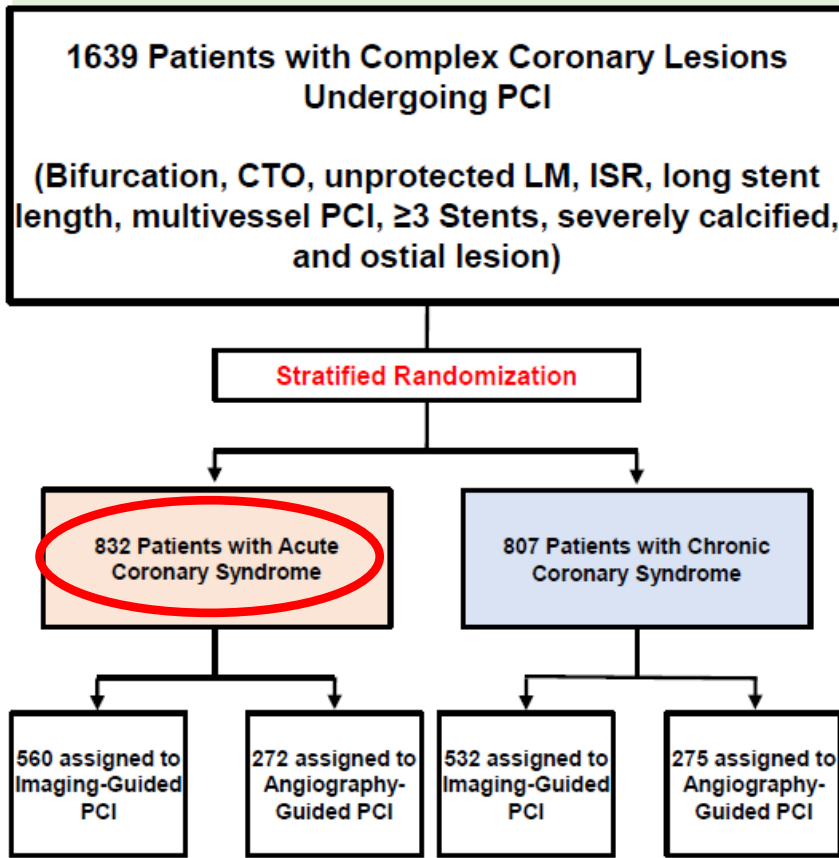


Final angiographic and OCT result



PCI guidance and stent optimization

RENOVATE-COMPLEX Trial: pre-specified subanalysis on patients with ACS



Hahn JY, TCT 2023



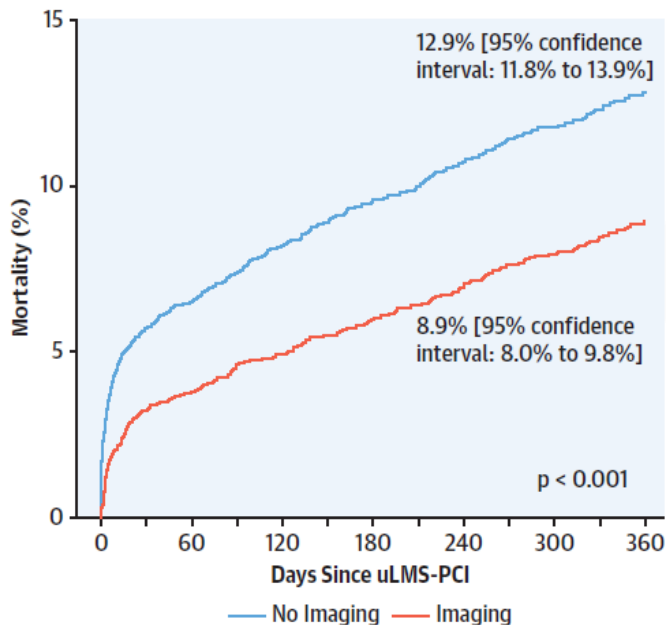
Left main and complex bifurcations

Intravascular Imaging and 12-Month Mortality After Unprotected Left Main PCI

A propensity-matched analysis from the BCIS Registry

11,264 patients treated with ULM PCI (54% with ACS)

34% reduction in mortality



Subgroup	Count	Imaging N (%)	No Imaging N (%)	Odds ratio (95% CI)	Odds ratio (95% CI)	Interaction p-value
Overall	7,864	335 (9.01%)	538 (12.88%)	0.663 (0.574-0.766)		
Quartiles						0.0351
Q1	1,281	75 (19.41%)	103 (16.32%)	0.669 (0.485-0.921)		
Q2	1,206	60 (10.87%)	75 (11.47%)	0.941 (0.657-1.35)		
Q3	1,121	52 (9.89%)	92 (15.46%)	0.6 (0.417-0.862)		
Q4	1,192	32 (5.07%)	65 (11.59%)	0.408 (0.263-0.633)		
ACS						0.4058
No	3,516	91 (5.21%)	120 (6.78%)	0.757 (0.572-1.002)		
Yes	4,346	244 (12.35%)	418 (17.63%)	0.669 (0.555-0.781)		
Left Main + LAD						0.048
No	3,889	157 (9.33%)	261 (11.83%)	0.768 (0.623-0.946)		
Yes	3,975	178 (4.48%)	277 (14.3%)	0.574 (0.47-0.7)		
EF < 30						0.3585
No	4,471	187 (8.25%)	225 (10.2%)	0.792 (0.646-0.97)		
Yes	583	55 (20%)	83 (27.92%)	0.645 (0.439-0.95)		

ACS subgroup

0.5 1 2 3 5
Imaging better - Imaging worse

Kinnaird T, J Am Coll Cardiol Interv. 2020;13(3):346-57.



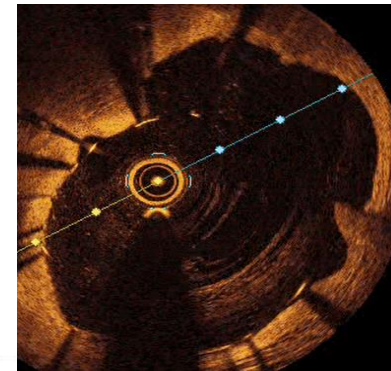
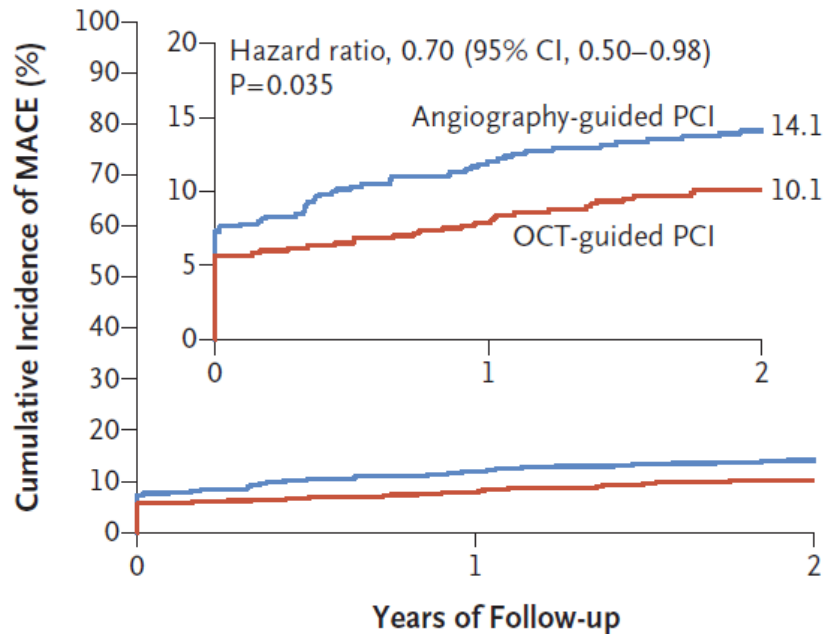
Left main and complex bifurcations

OCTOBER Trial

OCT or Angiography Guidance for PCI in Complex Bifurcation Lesions

1201 patients with complex bifurcations randomized to OCT-guided or Angio-guided PCI

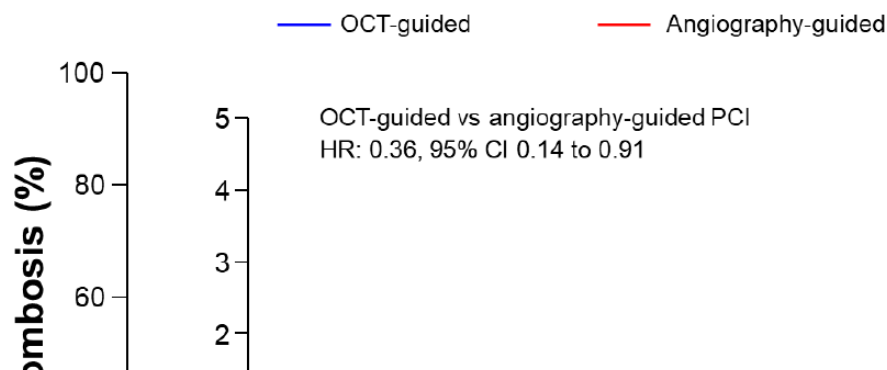
All-cause death, TV-MI, TLR at 2 years



Holm NR, N Engl J Med. 2023;389(16):1477-1487..



Optimizing PCI



Death or MI within 2 years occurred in 22/23 pts (95.7%) with stent thrombosis

How can IVI prevent ST in ACS patients?

- Adequate apposition and expansion of stents
 - Balance with risk of micro emboli with too many dilations within the thrombotic lesion
- Land in relatively healthy areas

	Time (Months)								
Number at risk:									
OCT-guided	1233	1207	1204	1197	1176	1149	1143	1140	593
Angiography-guided	1254	1216	1209	1204	1185	1156	1147	1135	607

Ali ZA et al. NEJM 2023. ILUMIEN IV Trial



MINOCA

Diagnostic work-up: role of intracoronary imaging



- Segni/sintomi di ischemia
- hsTn +

STEP 1

CATH-LAB

Coronarografia

Stenosi $\geq 50\%$

Si

No

MINOCA working diagnosis

STEP 2

Ventricolografia

Apical ballooning

Si

No

Rivalutazione critica della coronarografia

STEP 3

C'è almeno una lesione sospetta e coerente con i dati strumentali?

No

Si

Imaging intracoronario (preferibilmente OCT)

Test +

Test -

STEP 4

Test di vasoreattività

Test -

Test +

STEP 5

RM

DIAGNOSI

Diagnosi alternative ad eziologia non ischemica (es. sepsi, embolia polmonare, anemizzazione)

IMA

TTS

Considerare diagnosi alternative

- SCAD
- Placca instabile (rottura, erosione, noduli calcifici superficiali)
- Trombosi in assenza di placca

Considerare diagnosi alternative

MINOCA idiopatico

- Spasmo su placca
- Spasmo in assenza di placca

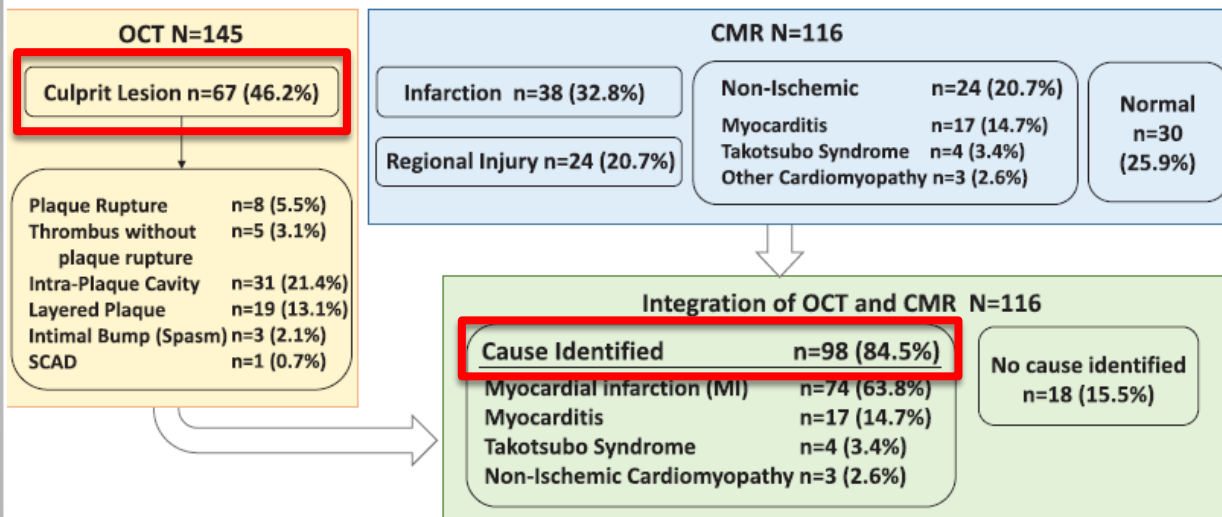
Intracoronary imaging (preferably OCT) has a key role in patients with working diagnosis of MINOCA



MINOCA

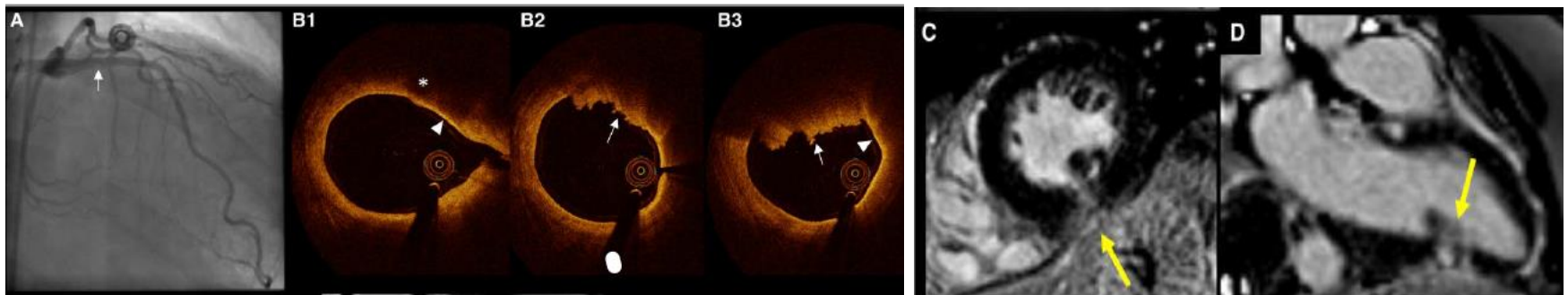
OCT and CMR to determine the causes of MINOCA in women

301 women with clinical diagnosis of MI enrolled \Rightarrow 170 MINOCA \Rightarrow 145 OCT interpretable \Rightarrow 116 CMR
(23 OCT contraindications, 2 not interpretable)



170 women with MINOCA undergoing OCT and CMR

A combined use of OCT and CMR identified the cause of MINOCA in 84.5% of cases





Intracoronary imaging in ACS

When to use it?

Do we need routine intracoronary imaging in every patient with ACS?

Clearly not!

Do we need intracoronary imaging for specific scenarios in ACS?

Yes, definitely!

Based on a **tailored approach, intracoronary imaging might be a precious option in patients with ACS, especially in case of **diagnostic uncertainties** or **complex scenarios****



Conclusions

Beyond guidance of stent selection and optimization of deployment, intracoronary imaging facilitates angiographic interpretation and may guide treatment in ACS

Intracoronary imaging is critical in patients with working diagnosis of MINOCA for identifying patients with atherothrombotic lesion (MI type 1) or patients with SCAD

The employment of intravascular imaging in patients with ACS should be balanced against the cost, loss of time, and the risk of complications (particularly in patients with SCAD)